

THE COWBOY ON THE
CAPITOL GROUNDS

VETS BRING TO LIFE
BUFFALO SOLIDERS

FINDING SERENITY
DESPITE ALZHEIMER'S

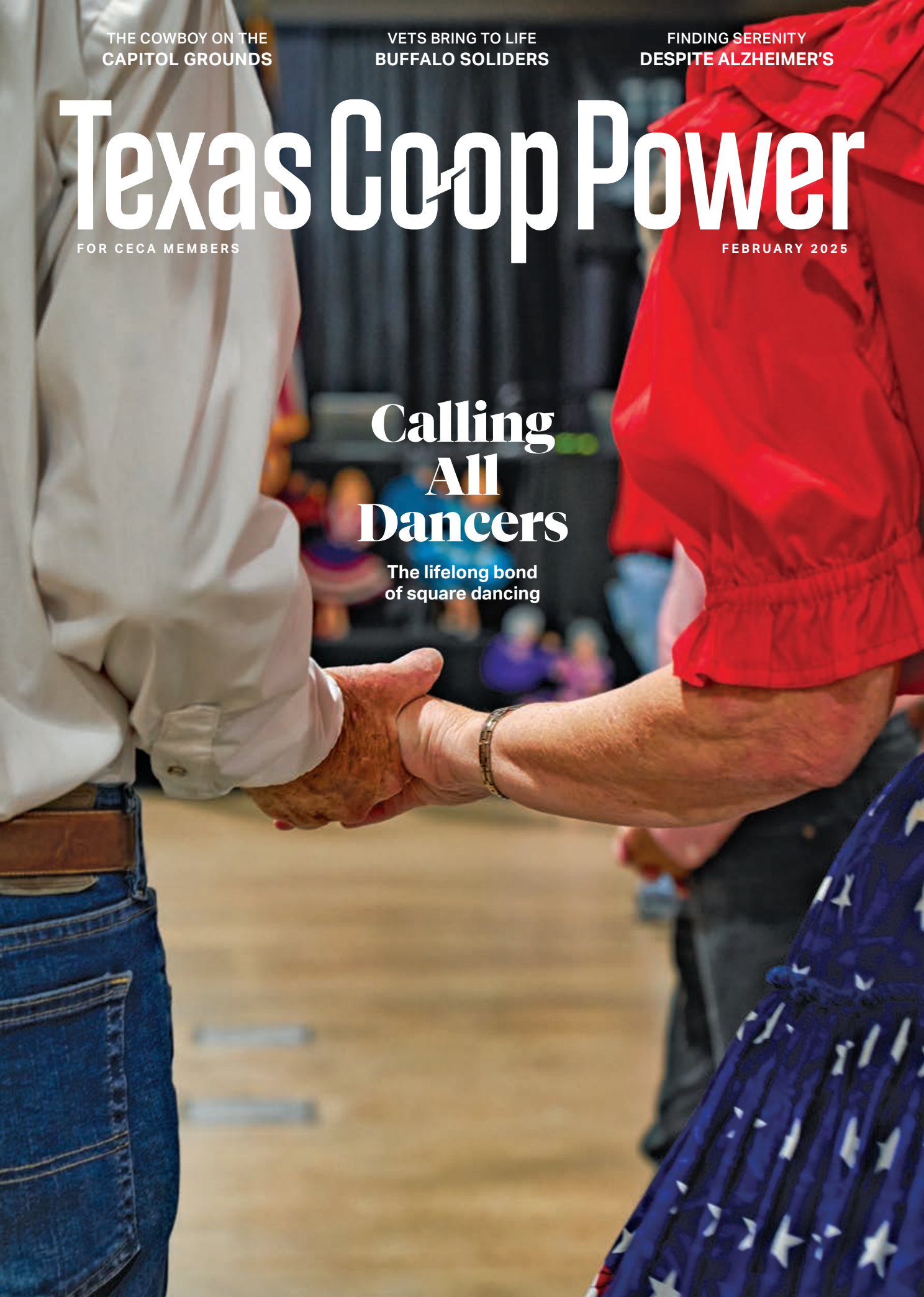
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FOR CECA MEMBERS

FEBRUARY 2025

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February 2025



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The passionate square dance community makes room for new ideas to grow a grand tradition.

*By Samantha Bryant
Photos by Dave Shafer*

A Cowboy's Distinctive Trail

A New Yorker in Paris captured Texas and the West in an iconic statue.

By Chris Burrows

ON THE COVER
Bill and Dolores Rowland prepare for the next dance.
Photo by Dave Shafer
ABOVE
The Texas Cowboy Monument on the grounds of the Capitol.
Photo by Caytlyn Calhoun

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Houston Air Show

BESSIE COLEMAN, an exhibition flyer and Waxahachie native, performed in her home state for the first time nearly 100 years ago—June 19, 1925, in Houston.

Her greatest accomplishment came in 1921 in France when she became the first Black licensed pilot in the world. Check out *Queen Bess Soared* on our website to learn more about this aviation pioneer.

“True peace is not merely the absence of tension; it is the presence of justice.”

—MARTIN LUTHER KING JR.

Valentine's Cards

Lovers love Valentine's Day. So do creditors.

One study found that 1 in 3 people in relationships say they may take on credit card debt when shopping for their significant others this month. Among this group, about half won't tell their partners about the debt.



TCP Contests and More

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Family Vacation

RECOMMENDED READING

Ten years ago we also looked at sculptures. Download our February 2015 issue and read about Daddy-O Wade's curious creations. Find it at TexasCoopPower.com/magazine-archives.

FINISH THIS SENTENCE

My first car was ...

TCP Tell us how you would finish that sentence. Email your short responses to letters@TexasCoopPower.com or comment on our Facebook post. Include your co-op and town.

Here are some of the responses to our December prompt: **My favorite holiday lights are ...**

The stars.

SUSIE LICON
FARMERS EC
FARMERSVILLE

In Johnson City at Pedernales Electric Cooperative and the courthouse.

SHELIA BETZEL
UNITED COOPERATIVE SERVICES
VENUS

Ones I don't have to put up or take down.

ED ROWLAND
CECA
CISCO

The ones reflected in my children's eyes.

JESSICA PAXTOR
PEDERNALES EC
LEANDER

Visit our website to see more responses.



COURTESY JOHN GRAEVE

Sweet Memories

My grandfather (Erwin Kresta) had a farm in El Campo with an orchard of orange and tangerine trees that were so productive he let people come and pick fresh fruits [Everybody's Beeswax, December 2024].

Next to that he had over 50 beehives, and the bees would visit the fruit trees daily—fruit-infused natural honey.

What I'd give to have some of Grandpa Kresta's honey.

Ron Faldik
Bryan Texas Utilities
Bryan

A Step in the Right Direction

I'm new to going to a lease with my husband, and after reading this, I will be sure to pack a compass [The Lease of Our Concerns, November 2024].

Rosie Strode
Tri-County EC
Cresson



TARA JACOBY

DECEMBER 2024 Field of Beams

"After seeing the magnificent, illuminated pecan in Bartonville, I had to share another illuminated beauty, on Montclair Drive in Colleyville."

JOHN GRAEVE
TRI-COUNTY EC
FORT WORTH

Y2K in Hindsight

I remember very well in 1999 the news media blowing the whole Y2K issue completely out of proportion [Black-Eyed Peace, December 2024].

This was nothing less than fearmongering brought on by the computer industry to get everyone to purchase billions of dollars' worth of new computers.

Glenn Arthur Rebber
Heart of Texas EC
Valley Mills

You've given people like myself a huge compliment, and I'm glad you are so blissfully unknowing. I was one of thousands of software engineers working obscene hours ahead of the new year to keep the world running smoothly when the calendar flipped to the year 2000.

It was not a "supposed" glitch but very, very real.

Cindy Nichols
Magic Valley EC
Weslaco

TCP WRITE TO US
letters@TexasCoopPower.com

Editor, Texas Co-op Power
1122 Colorado St., 24th Floor
Austin, TX 78701

Please include your electric co-op and town. Letters may be edited for clarity and length.

Texas Co-op Power

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IT'S HIP TO BE A SQUARE

BY SAMANTHA BRYANT
PHOTOS BY DAVE SHAFER

IT'S MID-JUNE, and the dance floor is hopping. Groups of eight dancers—two on each side of an imaginary square—turn, twirl, walk in time, and move in and out of a kaleidoscope of formations, skirts swirling and boots shuffling. A booming voice gives instructions over a loudspeaker: “Do-si-do, now promenade.”

One pair moves faster than the others in their square. Michael and Caroline Knight turn together and then Caroline takes an extra twirl before they start interweaving with the other three pairs.

“It’s style,” Caroline says. “It just makes it more fun. Like you can do dry, just do the moves as they are, but when you get really confident and you kind of have a muscle memory of what the moves feel like, then you start adding more spins and flair, and it just makes it fun.”

Among 272 dancers at the Brazos County Expo Complex in Bryan, Caroline, 26, and Michael, 33,



The passionate square dance community makes room for new ideas to grow a grand tradition

are among the youngest on the floor one night at the Texas State Federation Square and Round Dance Festival. The couple, customers of Bryan Texas Utilities, met while square dancing and, after attending the same club for six years, dated then eventually married in December 2024. They say the social aspect of square dancing—the state folk dance of Texas—is one reason they do it.

“It’s like two-stepping in that you kind of have a community and that you find friends doing it,” Caroline says, “but it’s more of a community because you’re not dancing with one person, you’re dancing with seven other people.”

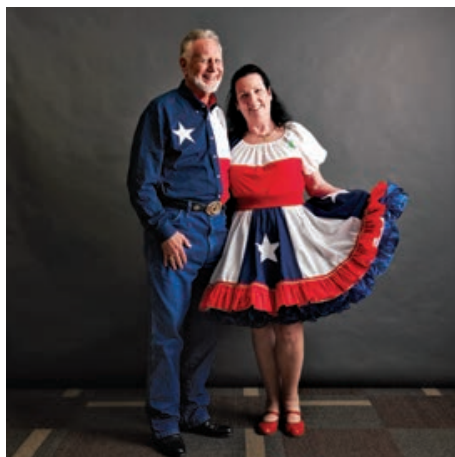
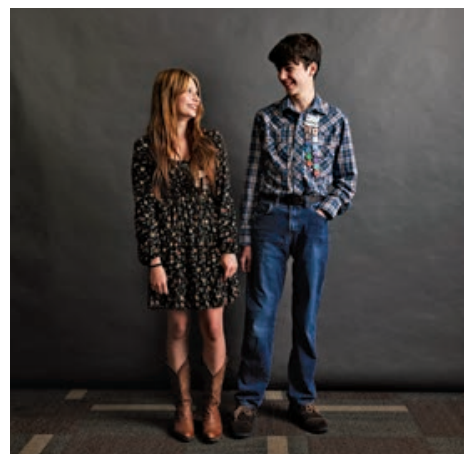
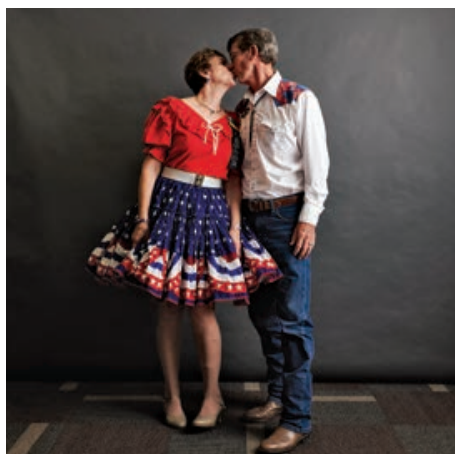
Square dancing is not a spectator sport nor is it a competition—it’s about having fun and developing friendships, all in time to music. And as some dancers are aging out, a

passionate corps—and even some younger folks—are getting the word out about the physical, mental and social benefits of a pastime that’s still finding its rhythm.

The 450 attendees at the four-day state festival are just some of the 2,500 square dancers who belong to more than 100 clubs across the state. That’s a lot of dancers—but a lot fewer than there used to be.

OPPOSITE The swirl of skirts and smiles that is square dancing at the Brazos County Expo Complex in Bryan.

ABOVE, CLOCKWISE FROM TOP LEFT Portraits of lifelong friends Mary Whitaker, Lewis Chumbley and Janet Arnold. Andrew and Elizabeth Chu. Jeff and Karen Nelson go for a spin.



"You have to leave your troubles at the door because there's not room for your troubles and concentrating on the dance."

"Back in the '70s and '80s, the state dances would have 7,000 or 8,000 people at them, and the national dances would have 30,000 to 40,000," says Matthew Whiteacre, former president of the statewide square dance organization. "It's down to 10% of that now."

"So in 50 years, we've lost 90% of our dancers."

Whiteacre, a BTU customer, set the theme of the state festival in June: To Boldly Dance ... Into the Future, which allowed for an element of science fiction and some conversation about the trajectory of square dancing.

The clubs sustain a tradition of modern Western square dancing, which has its roots in dances, like the French quadrille, that came over with European settlers to the American colonies but has evolved over the years as it



spread and mixed with other dance traditions, according to *Smithsonian Magazine*.

A component of square dancing that sets it apart from most other forms is the caller, a person who says, sings or chants the set of moves, known as calls, for dancers to follow. Callers can sing along with the song lyrics and sometimes use humor and rhymes as they guide the dancers. It can take years to master.

"I have to interweave the calls in with the lyrics, which that's a skill all in itself," says Scott Bennett, who has been a caller for over 40 years. "That's the thing that keeps me attracted to square dancing all these years—it forces me to use lots of different aspects of entertainment."

Historically, square dancing is done to traditional country songs that feature fiddles and banjos. And while folks still dance to that music, some callers, like Bennett, call to a mix of genres—classic rock, jazz and pop—anything with the right beat. Bennett says one of the more popular songs in recent years was *Call Me Maybe* by Carly Rae Jepsen.

"I'd put that on, and young folks would just be jumping through the ceiling they were so excited," Bennett says.

OPPOSITE, CLOCKWISE FROM TOP LEFT Portraits of Dolores and Bill Rowland, Karen and Jeff Nelson, 14-year-olds Arianna and Ezra, Ramona and Billy Grimsley, Gary and Claudia Lester, and Karen Gatherer.

ABOVE Caller Vernon Jones of Springtown.

SQUARE DANCE 101

ANGEL: A higher-level dancer who helps beginners.

CALL: A set of moves that dancers perform when the announcer—the caller—says its name.

CALLER: The person who guides the dance by speaking or singing out the moves.

CORNER: The person on the other side of you who is not your partner (on your right if dancing the woman's part, left if dancing the man's).

CUER: The person guiding a round dance by telling dancers what steps to do.

PATTER: Calls that are spoken or chanted instead of sung.

ROUND DANCE: A choreographed ballroom dance for couples in which dancers follow a cuer and rotate around the dance floor.

TIP: A set of two square dances, generally consisting of a patter call followed by a singing call.

YELLOW ROCK: A hug between square dancers, particularly corners.

Dozens of calls are standardized through an international organization known as Callerlab. While some calls are fairly intuitive for dancers—such as circle left or forward and back—others have to be taught, such as flutterwheel, slip the clutch and box the gnat.

Most dancers take lessons and go through Callerlab's Mainstream program, says John Kephart, president of the Texas State Callers' Association. At this level, dancers learn 68 calls, but some have variations, equating to more than 130 total moves.

It sounds intimidating and may well stop some prospective participants, but any dancer will tell you to try it anyway, even if you have two left feet.

"If you can walk, you can square dance," says Caroline Knight, who lives in Bryan and is a member of the Brazos Barn Dancers. "I've seen young kids—6, 7—that know how to dance really well. And then there's people that are in their 90s that still dance."

The activity provides exercise—a two-hour dance can equate to more than 5,000 steps and burns potentially hundreds of calories. Studies even show the dancing may stave off dementia. Jimette Smith started dancing around 1975, and she said another mental benefit is stress relief.

"In square dance, a caller can call anything to any music," Smith says. "You have to listen—you can't anticipate—because he can call anything. So you have to leave your troubles at the door because there's not room for your troubles and concentrating on the dance."

For 30 years, Smith owned a square dance apparel shop, Rhythm Creations, in Houston. She designed and sold the multicolored dresses, skirts, blouses and frilly petticoats that are worn during dances. Men typically wear long-sleeved Western shirts and bolo ties.

DID YOU KNOW?

- There are square dance clubs in other countries, including Japan and Germany, but all the calls are done in English.
- The 75th National Square Dance Convention will be held in Waco in 2026, 20 years after the convention was last held in Texas—in San Antonio in 2006.
- There are camping square dance clubs.
- Former President Jimmy Carter and his wife, Rosalynn, hosted square dances on the White House lawn while he was in office.
- You can find a square dance club that offers classes in your area by visiting squaredancetx.com.



ABOVE Sue Blanchard twirls.

OPPOSITE, CLOCKWISE FROM TOP LEFT Portraits of Nora Creed-McClaskey, 11-year-old Lexi LeBlanc and grandmother Lea Ann McGee, 12-year-old best friends Caroline Einkauf and Meg Rhinehart, Tim and Tam Austin, Jan Albers, and Linda and Don Prendercast.

In recent years, some clubs have relaxed the dress code requirements—one of several ways square dance clubs are trying to attract more participants, including updating music and programs, while preserving the traditions and community that have attracted so many.

Square dancing in clubs became popular after World War II, according to the International Encyclopedia of Dance, but participation has declined in recent years as dancers age out and young people enjoy a plethora of options for socializing and burning calories. The pandemic also dealt a blow as dancers dropped out while clubs paused their activities.

Some clubs have incorporated a Callerlab program called Social Square Dancing, released in 2021. It has a shorter training period to appeal to new dancers. The organization also is pushing to streamline some of its other programs.

In an age when people can feel more isolated than ever, the community and connection square dancing provides are enticing new participants. The family-friendly nature of the activity—there's no drinking or smoking allowed—enables multigenerational participation.

"Everybody here is part of what we call our square dance family," says Claudia Lester. She and her husband, Gary, found a community of unmatched camaraderie when they started dancing 15 years ago.

Some clubs are seeing an increase in numbers. Audrey Mansell, former president of the North Texas Square and Round Dance Association and a Tri-County Electric Cooperative member, said they've seen growth in their 26 clubs for the first time in 13 years, which she attributes to members intentionally inviting friends to join and adopting a relaxed dress code.

Ben Vinson, a freshman at Texas A&M University, danced in high school with the H-Town Squares, a club for teens and young adults in Houston geared toward homeschooled students. The club boasts 110 dancers, making it one of the largest in the state.

Vinson says the friendships he forged made the challenge



of learning the complicated moves worth his while.

"I do it mainly for the fellowship," he says, "but it's still a cool skill to have."

Caroline Knight also got into square dancing as a teenager when friends invited her to join them, though at first she was skeptical.

"I thought it was going to be super folky and corny, and I was like, 'I don't know if I'll like it, but I want to hang out with you so I'll give it a try,'" Knight says. "And it is so much fun, especially when you're dancing with people that are really excited about it."

Once a dancer is hooked, they may be in for life. Charles Spoon, president of the Lubbock Area Square and Round Dance Federation, encourages anyone who's curious about

square dancing to try it. The 81-year-old is on the dance floor about 150 nights out of the year and went to his first dance when his then-girlfriend Ellen, now his wife, asked him to give it a shot.

"She said, 'Just try it one time. If you don't like it, you don't have to go,' and I said, 'OK,'" says Spoon, a member of South Plains Electric Cooperative. "So I tried it. That was back in 1968.

"And I'm still doing it." ■

TCP Watch the video on our website and discover how square dancing is great exercise and an easy way to make new friends.



A New Yorker in Paris captured Texas
and the West in an iconic statue

A Cowboy's Distinctive Trail

BY CHRIS BURROWS

There's a 15-foot-tall, 100-year-old mystery on the campus of the University of North Texas in Denton. In a tree-shaded area near the general academic building, a regal bronze sculpture of artist Diego Velázquez on horseback overlooks students and staff as they go about their days.

New Yorker Constance Whitney Warren sculpted Velázquez, a 17th-century painter, when she was living in Paris after World War I. The family of billionaire Harlan Crow donated the piece to UNT in 1994.

Nobody seems to know why.

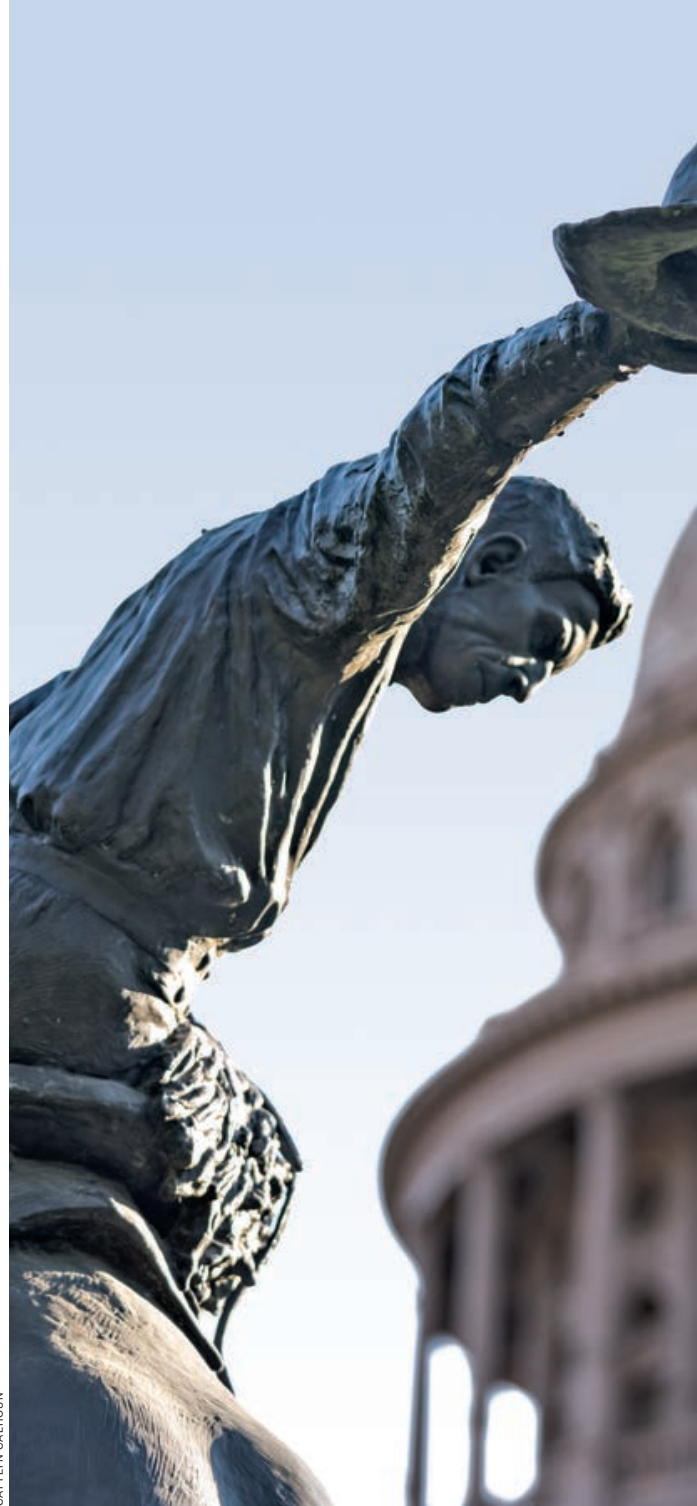
"I do not have the answers," says Holly Hutzell, art registrar for the university. "We do not have a record as to why the donor gifted it to UNT. Nor do we know why the artist depicted the Spanish master on horseback."

But 200 miles north and south of Denton, up and down Interstate 35, iconic Western statues by Warren on the grounds of the capitols of Texas and Oklahoma need no explaining. Both bronzes depict life-size wooly-chapped cowboys astride broncos rearing back over cactuses. Along the path of the former Chisholm Trail, these century-old works could not be more at home. Right?

It was 100 years ago—January 19, 1925—that *The Austin Statesman* reported several thousand Austinites, visitors and lawmakers gathered at the Capitol and watched as two men dressed in cowboy garb pulled a white sheet from the newly christened Texas Cowboy Monument—a "tribute to the rough and romantic riders of the range," reads a weather-worn plaque at its base.

It was the day before Texas' first female governor, Miriam A. "Ma" Ferguson, was sworn into office, and crowds were swarming in anticipation.

"There is not another place where the statue of a cowboy can with such fitness and such propriety be placed," said a representative of the sculptor's family, Charles Cason, at the unveiling. "Texas was the cowboy's home, and the very name



CAYLYN CALHOUN

'cowboy' brings to every American's mind the name of Texas with all her glorious traditions and romance of the endless ranges."

Warren was born in 1888 to an affluent New York family, and despite a weeklong honeymoon through the American West after her marriage to a French count, in 1912, there's no evidence that she ever set foot in Texas.

"At an early age, she gained a fascination for the West from stories told by her father of his experiences as a mining engineer on the frontier," writes *An Encyclopedia of Women Artists of the American West*. Warren moved to France after the honeymoon, and when World War I broke out, she chauffeured English officers.

After the war, she poured herself into sculpture, executing



COURTESY CATTLE RAISERS MUSEUM

LEFT The Texas Cowboy Monument has overlooked the southwest corner of the Capitol grounds for 100 years.

ABOVE The dedication of Constance Whitney Warren's bronze statue January 19, 1925.

No one has done more to unravel the mystery of Warren than Sullivan, former professor of art history at UNT and later dean of Texas Christian University's College of Fine Arts.

Cowboy No. 2 was shipped to New York from Paris several months before the dedication in Austin.

It wasn't long before Oklahoma decided it needed a Warren bronco. Its Tribute to Range Riders, installed in 1928, was that capitol's first art piece.

Warren and the count divorced in 1922, she returned to the U.S. a few years later and in 1930, she committed herself to Craig House, a discreet asylum in upstate New York. Almost nothing is known of Warren's later years. She died in 1948.

After UNT received the Velázquez piece in the 1990s, Sullivan went to work solving its mysteries.

He made contact with some members of Warren's family in Massachusetts, and during the course of his research that formed the basis of a 3,000-word article published by the *Gilcrease Journal* in 2015, he discovered that a sculpture of Velázquez by French artist Emmanuel Frémiet was installed at the Louvre from 1893 to 1933, likely inspiring Warren's Velázquez in Denton.

Sullivan's research brought much-deserved detail to Warren's life. She was among few female sculptors of the early 20th century with the skills, means or ambition to produce art that typified the American frontier. She was a pioneer accepted by pioneers of another sort.

"Warren deserves greater recognition for her work," Sullivan wrote, "and for her willingness to follow her imagination into a male-oriented and male-dominated arena largely unexplored at the time by female artists." ■

some 100 pieces—mostly horses—between 1920 and 1930.

"A sharp observer of anatomy and a vigorous modeler, she was at her best with figures in violent action," Stuart Preston of *The New York Times* wrote in 1953.

Among those works was Warren's Cowboy No. 2, sculpted in 1921. It was exhibited at the 1923 Paris Salon, a premier annual art exhibition, and missed a bronze medal by two votes, instead claiming an honorable mention.

"This was prestigious recognition for an American woman artist," wrote the late Scott Sullivan. "The Cowboy was praised in the French press and highly popular in Paris. Cason told Gov. [Pat] Neff that the artist wished to donate the bronze to a western state. The governor agreed to accept it on behalf of Texas."



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Donald J.



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Rhonda J.



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Albert D.

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We Love Lineworkers

CECA LINeworkers don't work alone on our power lines. Whether they're climbing poles, restoring power or clearing tree limbs to prevent outages, they're never far from the hearts of the people who love them.

At this time of year, stores are flooded with hearts, candy and cards professing true love. But to be honest, those sentiments pale in comparison to the love we see every time a storm sweeps through our area.

When the lights go out, our lineworkers are sent from their loved ones out into the elements. When other electric cooperatives are in trouble after devastating hurricanes, tornadoes, fires or floods, our lineworkers travel to get the lights back on for complete strangers.

Each time these brave men and women leave home to help those in need, their families are left behind, praying for a safe return.

Working with high-voltage electricity, lineworkers find themselves in life-or-death situations on a regular basis. That's why CECA focuses on safety first. Our safety program includes daily briefings, monthly meetings and ongoing training to ensure that our team performs its job safely.

We know the folks who love our lineworkers appreciate the time we take to make sure our employees get home safe every night.

Marrying into this profession isn't easy. Lineworkers are often on call and must be ready to respond at a moment's notice when our community needs them. This makes children's sporting events and family get-togethers hard to pull off sometimes.

But the crews who keep your power flowing do so because they know that without their commitment, many of the things we've come to expect—lights, hot meals, heat—wouldn't be possible. By devoting their lives to working on utility lines, they connect all of us to a better way of life.

This Valentine's Day, we'd like to take a moment to thank the families who support and love our team of lineworkers who brave the elements and work long hours to keep power flowing to our homes each and every day.

Thank you for putting your love on the line. We're committed to making sure the lineworkers you love return home safely. ■



Help Kids Stay Warm and Safe in the Cold

MOST OF US LIKE to huddle inside a toasty, heated house when it's cold outdoors. But most kids love to play outside no matter the temperature, seemingly unaware of the cold. Keep your child safe and protected by following these winter safety tips.

Dress kids in layers. As they warm up, they can remove layers to stay comfortable.

Kids should wear hats when playing out in the cold; they lose more of their body heat through the head than adults do.

Warm and waterproof gloves or mittens are a must for reducing the risk of cold fingers or frostbite.

Remove clothing as soon as it gets wet. Beware of kids breaking a sweat in cold temperatures, as the body's natural way of cooling itself can soon make them too cold as sweat evaporates.

Apply sunscreen. Even on cold days, the sun's rays can still cause sunburn, especially when they reflect off snow. Sunglasses and ski masks can protect the eyes from dangerous rays.

Remember to have children drink water or other hydrating beverages while playing outside, even if they don't feel thirsty. Lure your kids inside for frequent breaks that include warm drinks and healthy snacks. ■

CECA Offers Residential Solar Solutions for Members

DID YOU KNOW that CECA installs and sells solar power arrays? We have trained professionals who can evaluate your electricity use and property to provide the perfect fit for your home or business based on your usage patterns. We encourage members to include CECA in their solar array installation plans from start to finish.

CECA offers various options, from backup generators and battery systems to roof- and ground-mount arrays. Energy efficiency has progressed with new technologies, allowing members to take a more active role in optimizing their energy consumption. We're beyond the days of just turning off the lights or adjusting the thermostat when leaving the house.

If you're interested in optimizing your household's energy consumption, please call Riley Hilliard at 1-800-915-2533 to set up a free energy audit and solar power analysis. Solar power may not be a good fit for everyone, but under the right circumstances, it can save CECA members money on their monthly bills.

There are many companies marketing the installation of solar panel arrays in every county CECA serves, and this has created confusion around solar buyback plans and raised concerns about fair pricing in a new and changing industry. We're here to help our members navigate this confusion, and if you feel solar may be a good option for you, we can handle the sale and installation as well.

CECA does require that an application process be completed before interconnection with our system, to ensure proper safety, liability and metering standards are met. Regardless of the solar power vendor you choose, please contact us before you start your project to be sure that your plans are compliant and that your project goes smoothly.

You can always discuss your solar project plans with CECA staff for general information or specific needs. Solar power can be a great energy efficiency tool, and we applaud our members who are working to conserve power. Call us at 1-800-915-2533 to learn more about how we can help. ■



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MARK YOUR CALENDAR

National Cheddar Day
Thursday, February 13

Valentine's Day
Friday, February 14

Presidents Day
Monday, February 17

World Spay Day
Tuesday, February 25

SKODONNELL | ISTOCK.COM



Register Your Child for Dolly Parton's Imagination Library

ENCOURAGE YOUR CHILD to love reading by signing them up for Dolly Parton's Imagination Library, a program for our members sponsored by CECA's Operation Round-Up.

The Imagination Library puts books into the hands and hearts of children worldwide by partnering with local communities to provide specially selected, high-quality books each month to participating children from birth to age 5. Personalized with the recipients' names and mailed directly to their homes, these books create an exciting reading experience and encourage families to spend time enjoying books together.



Best of all, the program is available at no cost to all children under 5 who reside in CECA's service territory.

Each book is carefully chosen by a panel of childhood literacy experts and includes tips on the inside cover for enhancing engagement and interaction between the child and their caregiver. Additionally, the Imagination Library sends two Spanish-English bilingual titles per age group each year.

Don't miss this wonderful opportunity! To sign up your child, visit ceca.coop/imagination-library or scan the QR code above. ■



REZ-ART | ISTOCK.COM

Flip'n Texas Chili

1½ pounds chili-grind beef
1 pound chili-grind pork
1 cup beef broth
8 ounces tomato sauce
2 beef bouillon cubes
1 chicken bouillon cube
4 tablespoons light chili powder, divided use
2 tablespoons paprika
1 tablespoon onion powder
2 teaspoons cayenne pepper
3 jalapeño peppers, chopped
2 habanero peppers, chopped
½ teaspoon salt
4 tablespoons chili powder
1 teaspoon ground white pepper
2 tablespoons cumin
8 cloves garlic, minced

1. In a large pot, brown all the chili meat and drain excess fat. Add the broth and tomato sauce and simmer 30 minutes.
2. Add the bouillon cubes, 1 tablespoon light chili powder, paprika, onion powder, cayenne, jalapeños, habaneros and salt, and cook, stirring until well blended.
3. Add the remaining chili powder, white pepper, cumin and garlic, and simmer 50 minutes.

SERVES 6–8

TCP Find this and more delicious recipes online at TexasCoopPower.com.

Community Calendar

We are excited to announce the launch of the CECA Community Calendar, designed to highlight events in our service area.

Comanche

Celebrating Black History Month, February, 10 a.m.–4 p.m., Comanche County Museum, 402 Moorman Road. Buffalo Soldiers video to be shown. For more information, call (325) 356-5115 or email comanchecountytxmuseum@gmail.com.

Comanche Market, March 1, 9 a.m.–1 p.m., 101 W. Central Ave. Market will bring locals and travelers to the courthouse square for a wide variety of goods. For more information, call (325) 330-3666 or email texashandmadesuds@gmail.com.

Texas Independence Day Celebration, March 2, 11 a.m.–2 p.m., Comanche County Museum, 402 Moorman Road. Chili and Comanche Stew lunch will be served. For more information, call (325) 356-5115 or email comanchecountytxmuseum@gmail.com.

De Leon Market, February 8, March 8; 9 a.m.–1 p.m., Community Auditorium, 125 S. Texas St. Indoor venue with over 30 vendors. The market takes place on the second Saturday of each month. For more information, email deleontxmarket@gmail.com or call Jerry Leonard at (817) 371-7869 or Mark Beaty at (432) 209-3275.

Early

Angler Education Certification Class, February 28, 9:30 a.m., Early Visitor Center at Early Town Center Park, 109 Kelcy Way. A Texas Parks and Wildlife Department instructor will lead a class certifying participants to teach fly-fishing. The class will be about six hours. All participants should bring pen or pencil, notepad, water bottle, snacks and a fly rod, as part of the class

will involve casting. For questions, contact dhudson-brian@earlytx.net.

Catch, Clean and Cook, March 1, 9:30 a.m., Early Visitor Center at Early Town Center Park, 109 Kelcy Way. An introductory fly-fishing clinic where participants will learn about fly-fishing, gear, casting, and how to clean and cook a fish. There will be an opportunity to fly-fish. Space limited to 15–20 people. Minimum age to participate is 14. Participants between the ages of 14–18 must be accompanied by a parent who must participate in the clinic. All participants should bring a hat, sunglasses or other protective eyewear, fishing license, sunscreen, bug spray, water bottle, and snacks. For questions contact dhudson-brian@earlytx.net.

Buy Texas Markets, March 15, 10 a.m.–2 p.m., Early Visitors and Events Center, 419 Garmon Drive. Explore unique, locally made products from talented Texas vendors at our Buy Texas Market, where all of the items are handmade. For more information, contact eventcenterassist@earlytx.net

Courts and Controllers, March 29, 2 p.m., McDonald Park, 101 Park Drive. Join us for a basketball, volleyball and gaming tournament. The Howard Payne Basketball and Volleyball department will help run the sport games, and Mobile Game-Drop’s gaming trailer will host the gaming tournament with the help of the Esports Program of HPU. Contact aconstancia@earlytx.net for more information.

CECA welcomes your local event submissions.

If you have any events you would like listed in the Community Calendar, please contact Triston McGehee. Event information must be submitted two months in advance for the magazine. The calendar is published monthly and includes events scheduled for the month of publication and the following month. CECA reserves the right to edit or exclude events based on space availability and other considerations. We do not certify the accuracy or reliability of any information posted in the Community Calendar. To confirm event details, please contact the event organizers directly. Email tmcgehee@ceca.coop; write to CECA at P.O. Box 729, Comanche, TX 76442; or call 1-800-915-2533.



POWER TIP

Check to see if air vents around your home are blocked by furniture or other items. Obstructed vents force your system to work harder than necessary.

BANKSPHOTOS | ISTOCK.COM



DID YOU KNOW

February 18 is National Battery Day. In 1800, Alessandro Volta’s “voltaic pile” was the first battery that produced a reliable, steady electric current.

EONEREN | ISTOCK.COM

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for our CECA Member Cookbook

CECA

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Appetizers & Beverages
Soups & Salads
Bread, Spreads & Sauces
Vegetable & Side Dishes
Meats & Main Dishes
Desserts



Deadline: March 7

Submit your recipes by scanning QR code, emailing or mailing in to

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tmcgehee@ceca.coop

Mail to: CECA

C/O: Triston McGehee

P.O. Box 729, Comanche, TX 76442

Submit a recipe for a chance to win a \$50 bill credit.

MEMBERSHIP MATTERS!

Why does membership matter? An AirMedCare Network membership doesn't determine if you are flown, but, for the low cost of \$5/month on your CECA electric bill, it protects you from any financial burden if you are transported by an AMCN provider. You are **GUARANTEED TO HAVE NO OUT-OF-POCKET COST** only if transported by us.

AirMedCare Network is an alliance of affiliated air ambulance providers—including Air Evac Lifeteam, Guardian Flight, Med-Trans Corporation and REACH Air Medical Services—providing you financial protection from over 320 locations across 38 states!

MANY COMMERCIAL INSURANCE POLICIES HAVE HIGH DEDUCTIBLES AND CO-INSURANCE, WHICH APPLY WHETHER OR NOT YOUR AIR MEDICAL PROVIDER IS IN-NETWORK.

- A decade ago, only 55% of health benefit plans had a deductible. Today, 81% of them have deductibles and more than 24% are high-deductible plans, requiring patients to pay even more out of pocket. According to the Kaiser Family Foundation, families with high-deductible plans pay an average of \$4,332 out of pocket.
- If you lose your insurance coverage or don't have insurance, membership still guarantees no out-of-pocket expense.
- AMCN has partnered with Teladoc - the most trusted telehealth provider in the world. Serving over 20 million members, Teladoc is available to AMCN members at a discounted rate. Requesting a visit with a doctor is easy anytime, day or night, 24 hours a day, 365 days a year, by web, phone, or with the Teladoc app.
- AMCN membership helps keep our lifesaving air medical service in your area. Since we are all part of the Global Medical Response family of companies, your membership helps to fund the aircraft providing the lifesaving mission.
- Our Patient Accounts Department is staffed with a highly skilled insurance negotiation team. For members and non-members, this team works on your behalf—at no cost to you—as an advocate with your insurance provider. This takes the confusion and burden off of you.

Disclaimer: This offer is for personal households of CECA members only.

Contact your local Membership Sales Manager for questions:

Leigh-Anne Aiken | 325-488-1372 | amcnrep.com

leighanne.aiken@gmr.net |

Sign Up Today: <https://www.ceca.coop/air-evac-lifeteam>

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(must have Part B)

IF YOU HAVE MEDICARE PART B

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Membership terms and conditions apply. Dispatch decisions are made by emergency medical personnel; membership does not guarantee transport by an AMCN provider.



Helping Others Means Safety First

IN AN EMERGENCY, people wanting to help can rush to the rescue without considering safety. Knowing how best to help in an emergency can be the difference between life and death—for the victim and the rescuer.

Electricity can be an unforeseen hazard, particularly when overhead power lines have fallen. Always assume a power line is energized, and never touch or approach it.

If you come upon an accident scene involving a vehicle and downed lines, stay back and warn others to stay away. Make sure the occupants of the car stay inside the vehicle until the utility has de-energized the lines.

In a rare circumstance, the vehicle may catch fire. The only way the occupants can safely exit is to jump free and clear without touching the vehicle and ground at the same time. Advise them to jump and land with feet together, then shuffle away to safety.

If you encounter any other accident situation in which you believe someone is in contact with electricity or has just suffered an electrical shock, keep in mind these additional tips.

- ▶ Look first. Do NOT touch. The person may still be in contact with the electrical source and be energized.
- ▶ Call or have someone nearby call 911 and the electric utility.
- ▶ Turn off the source of electricity (i.e., circuit breaker or box)—if known and safely possible. If you aren't sure, wait for emergency responders.
- ▶ Only once the source of electricity is off, check for signs of circulation (breathing, coughing or movement). Provide any necessary first aid.
- ▶ Prevent shock. Lay the person down and, if possible, position the head slightly lower than the trunk of the body with the legs elevated.
- ▶ Do not move a person with an electrical injury unless the person is in immediate danger.

Anyone who has come into contact with electricity should see a doctor to check for internal injuries, even if he or she has no obvious signs or symptoms. ■



Winter Weather Preparedness Guide

-  Fill your bathtub with water to have water reserves
-  Have flashlights and candles readily available
-  Invest in spare batteries and battery packs to extend the life of flashlights and cell phones
-  Stock pantry with ready to eat foods like peanut butter, tuna, or fruit cups
-  Seal doors and windows with towels and blankets to block drafts from coming in
-  Have a backup plan for safe, alternative heating sources



LINES DOWN BUT NOT OUT

Car accidents and weather are the main causes of downed power lines. But even on the ground, lines can carry an electric current strong enough to cause serious injury or death.

Here are some rules to follow around downed lines:

If you see a downed power line, move away from the line and anything touching it.

The proper way to move away from the line is to shuffle away, keeping your feet together and on the ground at all times.

If someone is in direct or indirect contact with the downed line, do not touch the person. Call 911 instead.

Don't try to move a downed power line or anything in contact with the line.

Don't drive over downed power lines.

If you're in your car and it is in contact with a downed line, stay in your car and call 911.

CECA encourages you to always practice safety.

PHOTO: MICHAEL BALLEW | SOUTHWEST TEXAS EC

SACRED STONE OF THE SOUTHWEST IS ON THE BRINK OF EXTINCTION



Centuries ago, Persians, Tibetans and Mayans considered turquoise a gemstone of the heavens, believing the striking blue stones were sacred pieces of sky. Today, the rarest and most valuable turquoise is found in the American Southwest— but the future of the blue beauty is unclear.

On a recent trip to Tucson, we spoke with fourth generation turquoise traders who explained that less than five percent of turquoise mined worldwide can be set into jewelry and only about twenty mines in the Southwest supply gem-quality turquoise. Once a thriving industry, many Southwest mines have run dry and are now closed.

We found a limited supply of turquoise from Arizona and purchased it for our **Sedona Turquoise Collection**. Inspired by the work of those ancient craftsmen and designed to showcase the exceptional blue stone, each stabilized vibrant cabochon features a unique, one-of-a-kind matrix surrounded in Bali metalwork. You could drop over \$1,200 on a turquoise pendant, or you

could secure 26 carats of genuine Arizona turquoise for **just \$99**.

Your satisfaction is 100% guaranteed. If you aren't completely happy with your purchase, send it back within 30 days for a complete refund of the item price.

The supply of Arizona turquoise is limited, don't miss your chance to own the Southwest's brilliant blue treasure. Call today!

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History to a Tea

Reenactors go to great lengths to share the important story of buffalo soldiers

BY MARTHA DEERING • PHOTO BY KENNY BRAUN

IT WAS A tight squeeze for Michael Brown, wedging his large frame into a small picnic table for a children's tea party at Mother Neff State Park, outside Waco. Donning a plastic necklace over his uniform and handling tiny cups, dainty canapés and tea cakes, he charmed the socks off the children and parents clustered around the tables at an annual park event.

As a buffalo soldier reenactor, these experiences bring him joy.

About 150 years earlier, in 1866, Congress created six all-Black Army regiments—later consolidated to four—that became known as the buffalo soldiers. Their main charge was to support the nation's westward expansion, build roads and other infrastructure, protect settlers,

and guard postal routes throughout the Southwest and Great Plains.

That expansion often put the soldiers, some posted at forts in Texas, in direct violent conflict with the Native American tribes whose lands were being seized.

Originally commanded by white officers, the buffalo soldiers, numbering more than 40,000 in total, often faced extreme racism over 85 years of service. The last Black regiment was disbanded in 1951.

Differing accounts explain the buffalo soldier name. One is that Native Americans called the soldiers that because of their fierce fighting. Another is that Native people thought the soldiers' dark hair resembled buffalo fur. Still another says the name came from the buffalo-hide

coats the troops wore in cold weather.

The buffalo soldiers persevered through extreme weather; infectious diseases with little access to treatment; and rough, unfamiliar terrain. But in many cases, it was the first opportunity for formerly enslaved men (and at least one woman) to work as professional soldiers and be paid the same \$13 monthly salary that white soldiers received.

All these years later, reenactors like Brown keep the important story of the buffalo soldiers alive. The all-volunteer Bexar County Buffalo Soldiers Association in San Antonio to which he belongs provides speakers for youth groups, schools, churches, trail rides and other historical events.

"Each of our 40 active members portrays one of the original soldiers from the 19th century," Brown says. "All are Army and Air Force veterans."

Brown was deployed with the Army 2005–06 in Afghanistan. As a buffalo soldier, he represents Sgt. Thomas Boyne, who received the Medal of Honor—the U.S. armed forces' highest distinction—in 1882. All told, 18 African American soldiers earned a Medal of Honor during the American Indian Wars.

Brown, pictured left, who serves on the board for the group of reenactors, wears an 1874 Army field campaign uniform with a dark blue wool sack coat and sky-blue woolen pants, heavy enough to make a brave man melt into a puddle in the heat of a Texas summer.

It's worth the work for him.

"I especially love the educational portion of the program," Brown says. "We explain to the audience how the soldiers' past was tied into slavery and the honor of becoming the first professional soldiers. And for me, it's all about the kids."

The reenactors tell a broader story of what life was like on the frontier in Texas. While theirs is a serious mission, they make learning fun, including occasionally sitting down with a group of children to share tiny cups of tea. ■

Easy Breads

Making cowboys and firefighters right at home (dessert lovers too)

BY VIANNEY RODRIGUEZ, FOOD EDITOR

Pan de campo, aka camp bread or cowboy bread, originated with the vaqueros of South Texas. My abuelita made it in a cast-iron skillet and enjoyed it with a steaming cup of coffee. It's a flatbread that resembles a thicker, flatter biscuit with a crispy outside and soft, chewy interior.

Pan de Campo With Strawberry Butter

STRAWBERRY BUTTER

1 cup (2 sticks) butter, softened
2 tablespoons powdered sugar
½ cup diced strawberries

PAN DE CAMPO

2 cups flour, plus more for dusting
2 teaspoons baking powder
2 teaspoons salt
10 tablespoons solid vegetable shortening, divided use
¾ cup milk

1. STRAWBERRY BUTTER In a medium bowl, beat butter with an electric mixer on medium speed until smooth and creamy.

2. Add powdered sugar and mix until well combined. Stir in strawberries. Cover and refrigerate at least 1 hour or overnight before serving.

3. PAN DE CAMPO Preheat oven to 425 degrees. In a large bowl, whisk together flour, baking powder and salt.

4. Add 8 tablespoons shortening and use a pastry cutter or two forks to cut the shortening into the flour until the mixture resembles pea-sized coarse crumbs. Add milk, stirring just until dough forms.

5. Turn dough onto lightly floured surface. Knead gently until dough comes together to form a ball. Using a lightly floured rolling pin, roll dough into a ½-inch-thick circle.

6. Grease a 10-inch skillet with remaining 2 tablespoons shortening, then place in oven for 5 minutes to heat through. Remove from oven, carefully place dough into skillet and return to oven. Bake 10 minutes, then flip bread and bake an additional 5 minutes.

7. Slice and serve topped with strawberry butter.

SERVES 8

TCP Follow Vianney Rodriguez as she cooks in *Cocina Gris* at sweetlifebake.com, where she features a recipe for Banana Bread with Cajeta Cream Cheese Frosting.





Firehouse Rolls

DENNIS BAUM
GRAYSON-COLLIN EC

When Baum was a cook at a fire station, he made these soft, fluffy rolls, which have a rich, buttery taste, daily for the crew. This easy recipe comes together quickly, delivering rolls baked to golden perfection that pair well with any dish.

1 packet active dry yeast (0.25 ounces)
1 cup warm water, roughly 110 degrees
2½ tablespoons sugar
2½ cups flour, plus more for dusting
½ teaspoon salt
1½ tablespoons solid vegetable shortening

1. Coat an 8-inch round pan with cooking spray or butter.
2. In a large bowl, whisk yeast in warm water. Let the mixture stand 5 minutes. Add sugar, flour, salt and shortening, stirring until well combined.
3. Turn dough out onto a lightly floured surface and knead about 1 minute. Divide and form into 12 balls. Place into prepared pan and cover with a towel.
4. Place in a warm area and allow to rise about 1 hour. Preheat oven to 400 degrees.
5. Bake 20 minutes or until tops are lightly browned.

MAKES 1 DOZEN ROLLS

CONTINUED ON PAGE 28 >



\$500 WINNER

Crusty No-Yeast Bread

CINDY HANDY
GRAYSON-COLLIN EC



This is perfect for new bakers. It's quick and easy, requiring no rising time or fancy techniques. Made with simple ingredients, this bread delivers a satisfying, golden crust with a soft, flavorful interior. Whether you're short on time or just starting out, this no-yeast option ensures delicious, homemade bread in no time!

1½ cups water
2 teaspoons distilled white vinegar
4 cups flour, plus more for dusting
1 teaspoon salt
1 teaspoon sugar
2 teaspoons baking powder
2 teaspoons baking soda
1 tablespoon (½ stick) butter, softened

1. Preheat oven to 375 degrees. Line a baking sheet with parchment paper.
2. In a small bowl, stir together water and vinegar. In a large bowl, whisk together flour, salt, sugar, baking powder and baking soda. Add vinegar mixture to dry ingredients and stir to mix well.
3. Turn dough out onto a lightly floured surface and knead about 1 minute, sprinkling additional flour on the surface as needed to prevent sticking.
4. Shape the dough into an oval loaf. Place it on the prepared baking sheet and cut 3 diagonal slits across the top of loaf.
5. Bake 30–35 minutes. Remove from oven and brush with butter. Allow to cool 5 minutes, then slice and serve warm.

SERVES 4

TCP \$500 Recipe Contest

MAKE IT SPICY DUE FEBRUARY 10

We're turning up the heat in our July issue, and we need your help. Send us your tastiest spicy recipes for a chance to win \$500. Enter by February 10.

UPCOMING: BEEFY BURGERS DUE MARCH 10



Chocolate Orange Butter Bread

RITA HUIE
UNITED COOPERATIVE SERVICES

This delightful treat brings together the rich, velvety taste of chocolate with the bright, citrusy notes of orange. The buttery texture makes each bite soft and indulgent, perfect for breakfast or dessert. This is a must-try for those who love the classic combination of chocolate and citrus.

- 1/2 cup (1 stick) butter, softened, plus more for greasing the pan
- 2 1/2 cups flour
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1 teaspoon orange zest
- 1/4 cup dark cocoa powder
- 1/4 cup brown sugar
- 1 egg, beaten
- 3/4 cup buttermilk
- 1 teaspoon orange extract



- 2 tablespoons orange juice concentrate, undiluted
- 2 tablespoons orange liqueur or 2 additional tablespoons orange juice concentrate
- Orange marmalade, for serving

1. Preheat oven to 350 degrees. Grease a loaf pan with butter.
2. In a large bowl, stir together flour, baking powder, baking soda, salt, orange zest, cocoa powder and brown sugar.
3. In a medium bowl, stir together egg, buttermilk, orange extract, orange juice concentrate, liqueur and 1/2 cup butter until smooth.
4. Make a well in dry ingredients, add wet ingredients and stir well. The batter will be thick.
5. Spread the batter into prepared loaf pan. Bake 35–40 minutes or until a toothpick inserted comes out clean.
6. Remove pan from oven and allow to cool 15 minutes. Run a knife around edges of bread, and carefully remove from pan.
7. Slice and serve with orange marmalade.

SERVES 8

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Not only are these hefty bars one full Troy ounce of real, .999 precious silver, they're also beautiful, featuring the crisp image of a Morgan Silver Dollar struck onto the surface. That collectible image adds interest and makes these Silver Bars even more desirable. Minted in the U.S.A. from shimmering American silver, these one-ounce 99.9% fine silver bars are a great alternative to one-ounce silver coins or rounds. Plus, they offer great savings compared to other bullion options like one-ounce sovereign silver coins. Take advantage of our special offer for new customers only and save \$10.00 off our regular prices.

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What makes them iconic? The Morgan Silver Dollar is the legendary coin that built the Wild West. It exemplifies the American spirit like few other coins, and was created using silver mined from the famous Comstock Lode in Nevada. In fact, when travelers approached the mountains around the boomtown of Virginia City, Nevada in the 1850s, they were startled to see the hills shining in the sunlight like a mirror. A mirage caused by weary eyes?

No, rather the effect came from tiny flecks of silver glinting in the sun.

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COURTESY CHET GARNER

Tripping Through Time

Travel through the decades at the Jack Sisemore RV Museum

BY CHET GARNER

THE FIRST CROSS-COUNTRY “road trip” by car happened in 1903, and since then, Americans have been obsessed with the freedom and adventure of the open road. Near the center of America’s Mother Road (aka Route 66) is a museum that captures many of the ways we’ve traveled that road in style.

I pulled up to the drab aluminum building on the south side of Amarillo and had no idea I was about to enter a time portal. Inside the 18,000-square-foot Jack Sisemore RV Museum sit dozens of vintage recreational vehicles and trailers looking like they just rolled off the showroom floor. Classic motorcycles, cars and even boats add to the intrigue.

RV dealer Jack Sisemore and his son Trent, who loved hunting down and restoring old trailers, started the collection over 25 years ago. When they ran out of room in their driveways, they decided to open a museum. Each vehicle is displayed with memorabilia, old advertisements and an explanation of what makes each model unique, such as the 1935 Torpedo—the first Airstream.

I roamed through 30-foot-long coaches and peeked inside chrome pods that looked more like spaceships than RVs. Every trailer offered a look at the technology and style of the era, with plenty of linoleum and shag carpet to spare.

The museum, closed for the season but reopening in March, boasts rare specimens of the first Fleetwood and Itasca motor homes, and every turn revealed more treasures, such as the 1948 Flxible bus driven by Robin Williams in the 2006 movie *RV*.

While wandering through the museum, part of me yearned for the days before phones or GPS, when the road ahead was truly a mystery yet to unfold. But then I remembered that I would never have found a hidden gem like this one without the help of the all-knowing internet. ■

ABOVE Period clothing helps give Chet a feel for a camping experience from decades ago.

TCP Watch the video on our website as Chet turns back the clock on hitting the road. And find all his Explorations on *The Daytripper* on PBS.



Know Before You Go

Call ahead or check an event’s website for scheduling details, and check our website for many more upcoming events.

FEBRUARY

8

Texas City Mainland Mardi Gras, (409) 457-8080, mardigrasmainland.com

11

Lubbock [11–16] Les Misérables, (806) 792-8339, buddyhollyhall.org

13

Bellville Chocolate Walk, (979) 865-3407, bellville.com

14

Brenham Sweet Dreams: Mandy Barnett Sings Patsy Cline, (979) 337-7240, thebarnhillcenter.com

Fredericksburg [14–16, 21–23, 28–March 2] Peter and the Starcatcher, (830) 997-3588, fbgtc.org

15

Ennis Czech Music Festival, (972) 878-4748, ennisczechmusicfestival.com

Lampasas Wild West Casino Night, (512) 556-5172, lampasaschamber.org

16

Fredericksburg Sabrina Adrian, fredericksburgmusicclub.com

Pearland Lunar New Year Festival, (832) 788-8776, facebook.com/pearlandchinese

20

Bandera [20–22] Cowboy Mardi Gras, (830) 796-4849, banderacowboycapital.com

Port Aransas [20–23] Whooping Crane Festival, (361) 749-5919, portaransas.org

21

Laredo [21-22] Jalapeño Festival, (956) 722-0589, jalapenofestival.org

22

Granbury Jazz Fest, (817) 578-5585, granburyjazzfest.com

Port Arthur Rotary Taste of Gumbo & More, (409) 985-7822, visitportarthurtx.com

27

Corsicana The Barricade Boys: London's West End, (903) 874-7792, corsicanapalace.com

San Marcos Mardi Gras Martinis, (512) 392-4295, heritagesanmarcos.org

Weatherford [27-28] Cheese 101, (940) 682-4856, clarkgardens.org

Brownsville [27-March 1] Charro Days, (956) 542-4245, charrodaysfiesta.com

MARCH

3

Bandera [3-9] Texas Wool Week, texaswoolweek.com

4

Beaumont Taste of the Triangle, (409) 782-5514, thetastebmt.com

6

Fulton [6-9] Oysterfest, (361) 463-9955, fultonoysterfest.org

7

Corpus Christi Camo & Country, (361) 883-5500, amissionofmercy.org

Brackettville [7-8] Fort Clark Days, fortclarkdays.org

TCP Submit Your Event

We pick events for the magazine directly from TexasCoopPower.com. Submit your May event by March 1, and it just might be featured in this calendar.

WILDFIRE PREPAREDNESS BEGINS WITH YOU

Have your "Go Kit" packed and ready.

Create defensible space around your home.

Identify two evacuation routes incase one becomes compromised.

Communicate with local officials and learn how they will send emergency notifications.

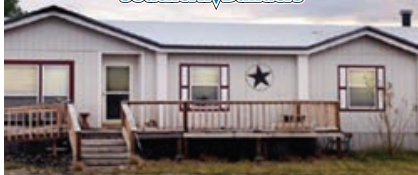


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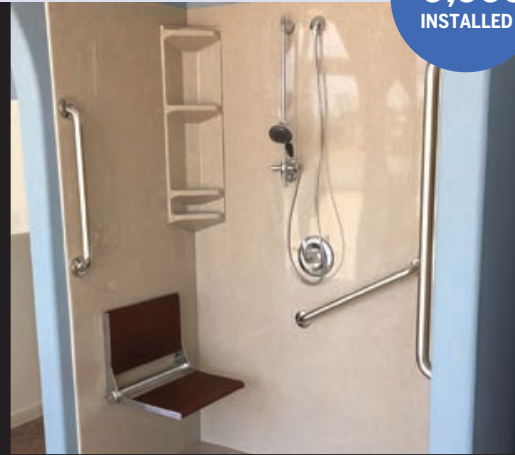


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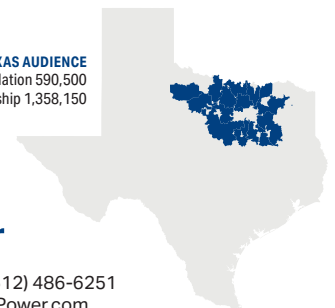
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Circulation 590,500
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or advertising@TexasCoopPower.com

I Love

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1

1 SHARON BURNS
VICTORIA EC

A Texas sky captures the heart of a young boy.

2 ANGIE MANTOR
BANDERA EC

"Weston, my grandson, and his sweet friend loving the beautiful weather at his home in Comfort."

3 SHEILA HOWARD
WHARTON COUNTY EC

"Love was definitely in the air at the Tejas Ranch Horse Show, not only between the friends participating but also the horses."

4 PEGGY KUJAWA
PEDERNALES EC

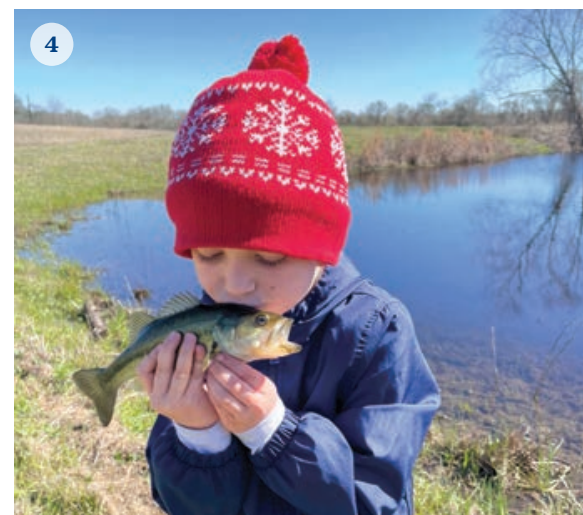
"When he found out it was too small to keep, he gave it a kiss before he released it."



2



3



4

Upcoming Contests

DUE FEB 10 Family Vacation

DUE MAR 10 Catch of the Day

DUE APR 10 College Life



Enter online at TexasCoopPower.com/contests.

TCP See Focus on Texas on our website for many more I Love photos from readers.



Peace of Mind

Setting a course for hope and serenity amid Alzheimer's anguish

BY MARK TROTH
ILLUSTRATION BY
ROCCO BAVIERA

THERE WAS NO doubt that my friends, colleagues and family members had noticed a marked difference in me—yet they remained mostly silent, perhaps out of courtesy.

Repeating myself frequently in conversations, asking questions that had already been answered just minutes prior, frustrations with recalling people's names and number sequences (phone, addresses, passwords)—all signals of early-onset dementia. Regardless of what was noticeable or not to others, I knew I was not the same.

I was referred to a neurologist who specializes in cognitive disorders and went through myriad memory-related tests in addition to MRI diagnostics. I'm 69 and over three years into the initial diagnosis of mild cognitive impairment,

confirmed as Alzheimer's disease.

There have recently been exciting research breakthroughs on the Alzheimer's front. Among them is a new drug being administered via infusion therapy. It has been proven in clinical trials to slow the disease's decline by breaking up the protein amyloid plaque build-up in the nerve cells. That build-up is responsible for brain dysfunction.

It isn't a cure but could add precious months of mental clarity to affected patients.

I was fortunate to qualify for the treatment after genetic testing and other requirements. My physicians, nurses and patient support group are a blessing to me and my wife.

Of course, as hopeful as I am for the potential to slow my cognitive decline and enjoy more quality time with my family, it is difficult to ignore the challenges they will soon endure.

I recently engaged a psychologist to help me cope better with the future. The initial sessions have proven highly educational and gratifying. I am positively in a better place now.

My doctor's advice is both simple and profound. His leading and listening skills allow me to reach deeper within and come to a quiet peace with regards to my future.

My prior mindset had been: It's the elephant in the room—heavy and ever present. But my doctor has me laser focused now on living for life and not for death.

Yes, I must surely take care of my family affairs so as to not place additional burden on my spouse and children. But most importantly my doctor implores me to strive for hope and peace of mind for whatever future I have.

Acceptance of this diagnosis and a renewed "living for life" mentality is my new North Star, guiding me home. Not so much for personal gratification but for serenity with my faith, family and friends. I have been blessed. ■



NEW! HORIZON IX HEARING AIDS

The future of hearing aids has arrived



FOX NEWS

NEWSMAX

BUSINESS INSIDER

Forbes

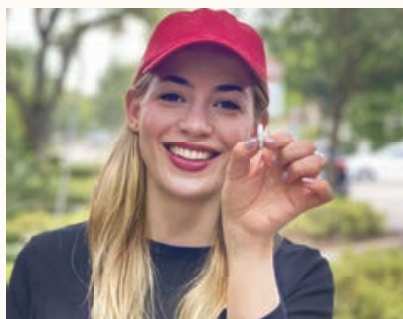
What do Horizon IX hearing aids have to offer?

- **Amazing Speech Clarity™**
Effortlessly understand every word, thanks to dual-processing
- **Bluetooth connectivity**
Stream music and phone calls directly to your hearing aids*
- **Rechargeable lithium-ion batteries**
28+ hours of battery life and a portable case for on-the-go charging
- **Easy, comfortable fit**
All-day wearing comfort, easy to combine with glasses
- **Free smartphone app**
Adjust settings for every listening situation easily via smartphone

*Bluetooth connectivity only available in Behind-the-Ear (BTE) models

Alarming fact: More than 48 million Americans hear so poorly that their quality of life significantly suffers as a result.

The problem: Most wait too long to act, hoping their hearing will improve on its own. Sadly, it never does. But now, a game-changing device is making waves across the industry, and experts say it's the biggest breakthrough they've seen in over a decade. It's the new Horizon IX hearing aids.



Horizon IX is currently the best-selling device at renowned U.S. company, hear.com, developed by top audio engineers from Signia. Their goal was to combine the best possible speech clarity with a comfortable, invisible design using cutting-edge German technology.



"It's a hearing aid people actually want to wear," says hear.com co-founder Dr. Marco Viotor. "It offers amazing speech clarity and smartphone connectivity in a virtually invisible design — and all that for a reasonable price!"

What makes Horizon IX so special?

It's one of the world's first hearing aids with dual processing. This is special because it's the first time engineers have been able to pack not one, but two state-of-the-art computer chips into a device this small. And with double the power comes double the clarity.



This means that Horizon IX hearing aids offer all of the usual benefits of modern hearing aids with the added bonus of something completely new: they can process speech and background noise independently, then combine them for unparalleled, crystal clear sound.

Where can I get Horizon IX?

As of January 2025, hear.com has helped more than **540,000 Americans** enjoy life with better hearing, thanks to Horizon IX. Now, it's your turn!

Check if you qualify for a **45-day no-risk trial today**, and you could have a brand new pair of Horizon IX hearing aids on your doorstep in as little as 48 hours.

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