Texas Coop Power December 2022

Silent Night

The Christmas story comes to life in San Elizario with Las Posadas





December 2022



Red Carpet

All Texans know the striking blush and cheery chirps of our other state bird: the northern cardinal.

By Mike Leggett Illustration by Sarah Ferone

Roll Out the 10 Continuing a Christmas Ritual

> Las Posadas sustains a centuriesold Mexican reenactment of the biblical story.

By Melissa Gaskill Photos by Erich Schlegel Currents The latest buzz

TCP Talk Readers respond

Co-op News Information plus energy and safety tips from your cooperative

Footnotes in **Texas History** A Brief but **Determined Texan** By W.F. Strong

TCP Kitchen Finger Foods By Megan Myers

Hit the Road A Raw Deal By Chet Garner

Focus on Texas Photo Contest: Winter Wildlife

Observations I'll Be Gone for Christmas By Babs Rodriguez

ON THE COVER

The Presidio Chapel of San Elizario. Photo by Erich Schlegel ABOVE

The northern cardinal is ubiquitous in Texas. Illustration by Sarah Ferone

Hallmark of the Holidays

BECAUSE OF HENRY COLE, we have Christmas Card Day, which falls on December 9.

Cole, an Englishman, sent the first Christmas card—in 1843. He fretted over the new custom of sending personalized letters to all his friends. He simply didn't have the time.

So he printed up 1,000 postcards, below, with the greeting "A Merry Christmas and a Happy New Year to You."



December 6 National Microwave Oven Day

Your electric cooperative, your trusted energy adviser that strives to help you save money on electric bills, reminds you: Microwaves use about 60% as much energy as full-size ovens.



FINISH THIS SENTENCE

I CAN'T BELIEVE I USED TO WEAR ...

Tell us how you would finish that sentence.
Email your short responses to letters@
TexasCoopPower.com or comment on our
Facebook post. Include your co-op and town.
Here are some of the responses to our

Here are some of the responses to our October prompt: The best Christmas gift I ever gave was ...

A stove with a window in the oven door, to my mother-in-law, who proclaimed with joy, "Now I can watch my cookies as they are baking."

LINDA STEINHEBEL VIA FACEBOOK

To my mother, in 1967, my return from the war. ALLEN LINDERMAN NUECES EC CORPUS CHRISTI

In 2021, when I surprised our daughter Elizabeth with a book it took me 41 years to write about her much-loved baby sister Rebecca, who died in 1980 at the age of 9 months.

PHYLLIS CRAM PEDERNALES EC AUSTIN

Visit our website to see more responses.

For the Rest of Us

Festivus, the TV holiday that isn't really a holiday, came into the vernacular 25 years ago.

The December 18, 1997, *Seinfeld* episode included a storyline about Festivus, a supposed alternative to the pressures and commercialization of the Christmas season.

"Nothing smoothes out the past like a present."

-GLADYS PARKER



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Wreaths for the Fallen

THOUSANDS OF VOLUNTEERS across the country will honor veterans December 17 by laying wreaths at graves on National Wreaths Across America Day. In Texas, 210,000 wreaths are expected to be placed at 300 locations. We featured Texans' involvement in this endeavor in *Circle of Life* in November 2018.

Wreaths Across America grew out of an effort that began in 1992, when Worcester Wreath Co. in Harrington, Maine, had extra wreaths near the end of its busy holiday season. The business arranged for the surplus wreaths to be delivered to Arlington National Cemetery and placed on headstones.

TCP TALK



Bison at the Brink

'It was also Charles Goodnight who created the cattalo breed on his Texas Panhandle ranch."

BILL LAMZA SAN BERNARD EC HEMPSTEAD

Goodnight Slight

I was "buffaloed" by Bison at the Brink [October 2022]. I'm proud to know a Texan was responsible for saving buffalo from extinction in the U.S., but I was stunned the credit was repeatedly given to Charles Goodnight, even though the writer casually acknowledges that his "herd had been gathered and nurtured by his wife, Mary Ann Goodnight, who personally saw to it that the orphans found wandering the ranch were saved and protected."

That's the only time her name appeared. It's a shame we can't give credit where credit is due.

Susan Rosenberger Pedernales EC Spicewood and Johnson City A similar story is told about how George Mitchell's epiphany for the Woodlands came about [Good on Paper, September 2022].

MELINDA WOOD SASARAK VIA FACEBOOK

The Bottom Line

Eric Schlegel's excellent photo captured a live look at the thrill and excitement of an uncharted cave explorer [Uncharted Territory, October 2022]. And Pam LeBlanc added intriguing coverage of the adventure.

Martha E. Jones Victoria EC Victoria



Colossal Cluster

In December 2005 we visited the monarchs' nesting grounds at Sierra Chincua [Funnel Vision, October 2022]. Monarchs numbered in the millions—billions? Located at about 11,000 feet in elevation in a remote area of the Sierra Madre, they literally weighed down large pine tree boughs.

Wayne P. Blackley Trinity Valley EC Terrell

TCP WRITE TO US letters@TexasCoopPower.com

Editor, Texas Co-op Power 1122 Colorado St., 24th Floor Austin, TX 78701

Please include your electric co-op and town. Letters may be edited for clarity and length.

♠ **⑤ ⑤ ⑥ ① ⑥** Texas Co-op Power

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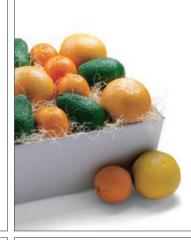


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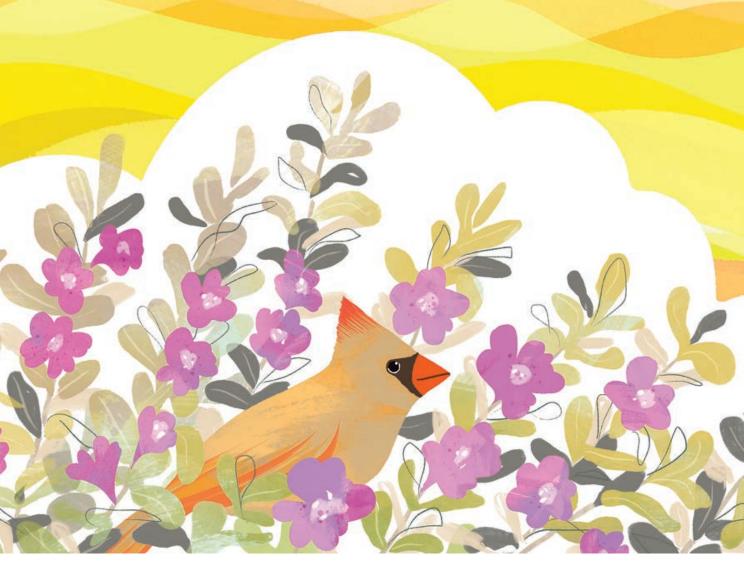


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Roll Out the Red Carpet

All Texans know the striking blush and cheery chirps of our other state bird: the northern cardinal

BY MIKE LEGGETT ILLUSTRATION BY SARAH FERONE

JUST ABOUT everyone knows that the northern mockingbird is Texas' state bird. But there's another bird we all know that is common throughout our state, nesting and feeding in brush and trees close to our homes and out in the pastures.

Some know it as the redbird, but it's correctly called the northern cardinal. This strikingly colored bird is known for its happy chirping calls that can go on all

day and for the beautiful crest and orange bill of the adults.

Cardinals are the first birds we hear and see hopping around in the brush outside our houses in the mornings. They are the last birds to go to bed every night, which makes them common prey for screech owls and other raptors. But if we ever get around to reconsidering Texas' allegiance to the mockingbird, I suggest we consider the northern cardinal. After all, at least seven other states have chosen the cardinal as their own state bird.

The redbird is ubiquitous, especially in the winter since it doesn't migrate, showing up everywhere from the border country of South Texas to the prairies of the Panhandle. All Texans know the cardinal.

Growing up in the tiny East Texas community of DeBerry in the 1950s, I spent a goodly portion of my young life walking the pastures and open fields around our house. I knocked off



more than my share of sparrows, starlings and brown-headed cowbirds as an eager beaver hunter with a BB gun.

I once made a long, long shot with my pellet rifle to kill what we called a French mockingbird. I know that bird now as the shrike, or butcher bird, named for its habit of hanging things it chases down on mesquite thorns and sharpened spikes on barbed wire fences.

I was not allowed, however, to shoot any of the small group of colorful songbirds that lived and nested near our home. The mockingbird was the state bird then, and I feared that could have gotten me locked up.

My dad, who established the shooting list at our house, probably would have pounded me for killing that shrike if he'd known about it. I kept that quiet. But Dad had a long list of birds with bright colors that I would have been in real trouble if I'd killed. Cardinals were his favorites and first on his protected list, followed by blue jays, bluebirds, scissortailed flycatchers and the always cooperative killdeer. Dad loved the way adult killdeers would feign injury and try to lead predators away from their babies and nests.

The beloved cardinal eats mostly seeds and nests around the edges of openings in low brush, especially in the cedar trees of Central Texas. We once had a nest that was built about thigh high in a cenizo just off the front porch of our house. I watched those pinkish eggs for a couple of weeks, until they hatched into three of the ugliest pink babies you

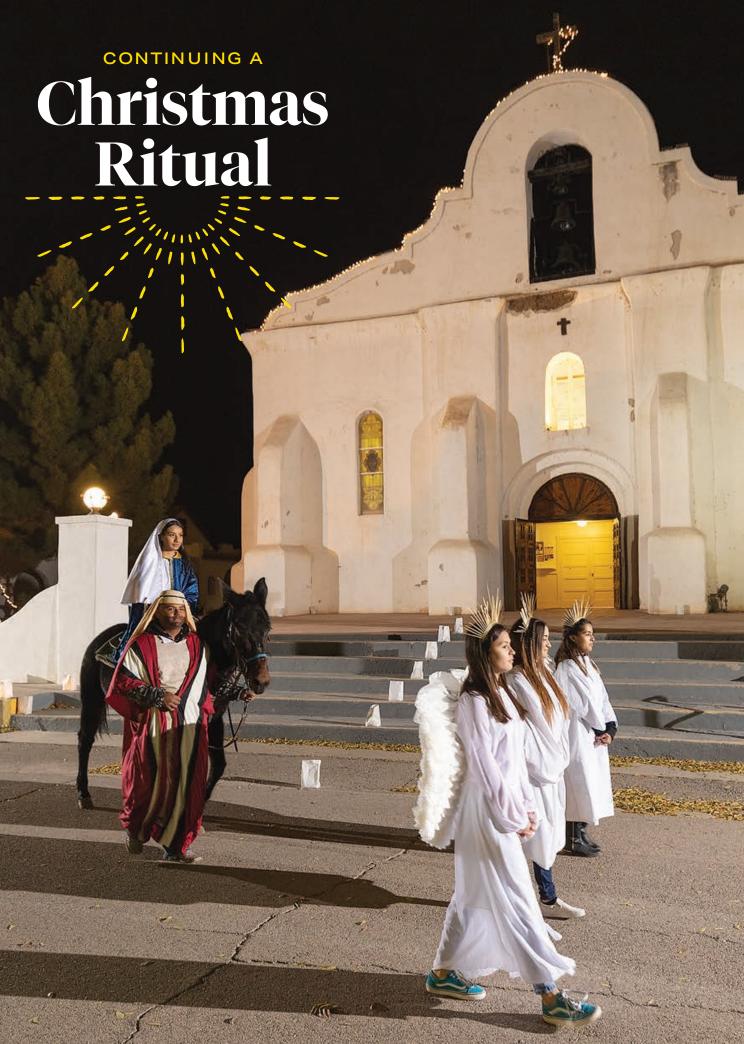
could imagine.

The babies got stronger and bigger and were just about to fledge when the nest was robbed by a Texas rat snake that had taken up residence in our flower bed. That was a sad morning when I found the nest emptied and the adults off squawking in the live oaks in the roundabout a few yards away.

There is a similar bird, actually another member of the cardinal family, known as a pyrrhuloxia. The male has a striking crest that's larger than the cardinal's but is colored mostly gray and crimson. They are common on ranches in South Texas during the winter. Their beaks are much more parrotlike than the cardinal's obvious seed-cracking orange beak.

One ranch where I hunt has repurposed fiberglass water tanks buried in the ground for use as bow blinds. The rancher has piled dirt and brush on top of them and put one-way glass windows at eye level as you stand. It's exciting to watch the male red cardinals flit through the trees as they scout for safe feeding spots on the ground.

Often they land just outside the windows where I can study them closely from just a couple feet away. It's fascinating to watch them pick up a kernel of corn and quickly demolish it to get at the sweet meat inside. There's comfort in that tiny, mighty act—in knowing that Texans yet to come will delight in the redbird.



Las Posadas sustains a centuries-old Mexican reenactment of the biblical story



AS THE LIGHT FADES on a chilly December evening, a row of luminarias glows against the white facade of the Presidio Chapel of San Elizario. The luminarias, paper bags containing lit candles, outline an adobe museum next to the 140-year-old church and extend around the plaza and on down the streets, giving the night a festive feel.

In the tree-lined plaza, a group of young people in costume gathers next to a gazebo. This is a dress rehearsal for Las Posadas, which translates as "the inns" and refers to a procession or play that reenacts the biblical story of Mary and Joseph seeking shelter in Bethlehem and the birth of

OPPOSITE Students reenact the biblical story of Mary and Joseph, who, led by angels, seek shelter in Bethlehem before the birth of Jesus. ABOVE A dazzling dancer at the San Elizario Luminaria Festival.

Jesus. This telling of the Christmas story originated in 16th-century Mexico and continues there and in cities and towns north of the Rio Grande with musicians and costumed children going from house to house on Christmas Eve.

San Elizario, southeast of El Paso, has strong historic ties to Mexico, and the San Elizario Genealogy and Historical Society has staged a mostly annual Las Posadas as part of its Luminarias Festival for some 20 years. Lillian Trujillo, president of the organization, says many of the

participants are teens from San Elizario Catholic Church.

"Sometimes we have to talk them into it; they're shy," Trujillo says. "We tell them that they don't have to speak, that it's just dressing up and walking around." Older kids and adults sometimes fill in any gaps. For years, the costumes were an assortment of donated and leftover items, but in 2021, the society received enough donations to buy new ones.

As the dress rehearsal wraps up, people spill from the church where Mass has just ended, joining a crowd beneath the trees. Dozens of small children play in the leaves. Customers line up at a food truck at the back of the plaza. Las Posadas begins.

Students playing Mary and Joseph—the former perched on a real, live mule—make their way past the steps of the church, the mule's hooves clopping on the pavement. In the gazebo, Trujillo reads the Christmas story aloud, her voice projected over speakers, as an "innkeeper" at the top of the steps turns the couple away. They continue on to the gazebo,

where they settle on bales of hay, and the girl playing Mary pulls a baby doll from under her robe.

Youngsters dressed as wise men step forward to present their gifts: boxes representing gold, frankincense and myrrh. Under a nearby tree, the angels tell those dressed as shepherds the news of the baby's arrival, and they all make their way into the gazebo to see him. The story is familiar to everyone here.

Las Posadas complete, the players scatter, some pausing to pet the placid mule. In front of the museum, boys and girls from a local folklórico class in traditional dress entertain the crowd with lively dances. Then the youngest kids take turns having a go at a giant piñata. Finally, Santa Claus shows up in a firetruck, sirens blaring and lights flashing, to hand out toys. The night ends with a drawing for bicycles, and every child entered takes home a shiny new bike and helmet, thanks to generous donations.



THE COMMUNITY spends weeks preparing for the festival, which is held on the second or third Saturday of December—December 17 this year.

Local families founded the San Elizario Genealogy and Historical Society in 1997 after a conversation at a family reunion about the importance of passing this area's rich history on to younger generations. Board member Elizabeth Baker-Teran's parents, Teresa and Miguel Teran, were among the founders. "They wanted to preserve the genealogical history of the families of San Elizario and the historical buildings that are still there and to educate the public about the hundreds of years of history," Baker-Teran says.

That history includes construction of the presidio chapel by the Spanish for members of the military and their families in 1788. That first chapel flooded in 1829, and another was built to take its place. In 1877, the existing, larger church was built. Its walls were repainted and the current electric lights installed in the 1950s. The Stations of the Cross on the walls inside date back to about 1918.

the center of the community, literally and figuratively. In San Elizario, as in other small towns all along the Rio Grande, church bells once served as a timekeeper, ringing at noon to signal lunch break; when it was time for Mass; and to announce weddings, baptisms and deaths.



The church sits at the center of the community, literally and figuratively. In San Elizario, as in other small towns all along the Rio Grande, church bells once served as a timekeeper, ringing at noon to signal lunch break; when it was time for Mass; and to announce weddings, baptisms and deaths.

San Elizario anchors the El Paso Mission Trail, which includes two other historic missions. The Ysleta Mission, originally built in 1680, is considered the first and oldest mission established in Texas and is the second-oldest continually active Catholic parish in the U.S. The original Socorro Mission was completed in 1691, making it the second-oldest Texas mission; the current building dates to 1843.

Socorro Road, which runs from Ysleta to Socorro to San Elizario, is the designated Mission Trail. The 9-mile route follows a segment of the El Camino Real de Tierra Adentro (Royal Road of the Interior), a trade and supply route that ran from Mexico City to present-day Santa Fe, New Mexico, linking communities, missions and presidios. The oldest road in North America and once the longest, El Camino Real, or what remains of it, was designated as a National Historic Trail in 2000.

Originally, San Elizario, Socorro and Ysleta all sat on the south bank of the Rio Grande, in what became the country

OPPOSITE A service inside the Presidio Chapel of San Elizario, which is listed on the National Register of Historic Places. ABOVE Folklórico students perform dances that trace their origins to Indigenous peoples of Mexico.

of Mexico. In the 1829 flood, the river cut a new channel, leaving all three churches on the northern bank. When the U.S. declared the deepest channel of the Rio Grande as the international boundary with Mexico in 1848, these communities became part of the U.S.

The Los Portales Museum occupies a circa-1850 building in San Elizario and tells the area's history. The exhibit room is small but contains a wealth of maps, photos and descriptions of significant events and everyday life in the area. At one point, the town supported a trade in salt from the Guadalupe Mountains. Local farmers employed a complex irrigation system to grow grapes, pears, onions and wheat, which was ground in a private gristmill.

Trujillo says that for many of the families that attend the Christmas festival, the evening fittingly has been about holiday fun. For Trujillo, whose family has been here since the 1700s, an annual Las Posadas is part of keeping that history alive. •





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MESSAGE FROM GENERAL MANAGER ALAN LESLEY

Merry Christmas From CECA

THE HOLIDAYS ARE a time of reflection. I'm grateful for my own family as well as my co-op family at CECA. We're driven by a sense of mission and purpose, and our team feels a strong connection to our community and our members because we live here too.

While many of our community-focused programs and activities ramp up this time of year, we have several programs and services in place to help our members year-round. I'd like to remind you about some of these offerings in hopes you'll find them beneficial.

We hope you take advantage of the CECA mobile app, which empowers you to monitor your electricity usage and pay your energy bill through your phone.

Our Operation Round-Up program helps the most vulnerable members of our community. By simply choosing to round up your electric bills to the next whole dollar, you can help your neighbors. Through members' generous donations over the years, we've been able to give more than \$437,000 to those in need since 2011. If you'd like to participate in Operation Round-Up, please contact us at 1-800-915-2533.

One of the most important investments we make is in our local youths. With donations coming in part also from Operation Round-Up, CECA has awarded more than \$100,200 in scholarships to local students



through the years. And each year, through our Government-in-Action Youth Tour program, we send high school juniors and seniors to Washington, D.C., for an immersive weeklong experience of democracy in action.

At the heart of all of these programs is you—the members we proudly serve. Looking back, I'm grateful for so many wonderful community partners and for the positive impact we can continue to make.

This holiday season, I wish you and your loved ones peace, joy and prosperity. Speaking on behalf of our team at CECA, I know the future will be bright because of you.



'Tis the Season for Extension Cords

TIS THE SEASON TO unpack the extension cords and plug way too many devices into them. Decorating for Christmas with lights, inflatable lawn ornaments, projectors and music might lead festive families to commit safety blunders—and chief among them is the misuse of extension cords.

Here are 10 tips from Electrical Safety Foundation International for using extension cords properly this holiday season.

- **1.** Never plug an extension cord into another extension cord. They're not designed for that kind of electrical load.
- **2.** Choose an extension cord designed for outdoor use if you plan to use it outside.
- **3.** Inspect your cords for damage, like cracks and loose wires. If they're not in good shape, replace them.
- **4.** Avoid hiding an extension cord under a rug. The cord could overheat and set the rug on fire.
- **5.** Buy cords only if they're approved by UL or another independent testing laboratory.
 - 6. Keep cords away from water and snow.
- **7.** Instead of nailing or stapling cords to your gutters or walls when you use them to power strands of holiday lights, use plastic hangers that won't puncture the cords.
- **8.** Don't remove the third prong of a three-prong plug to force it into a two-prong outlet. Instead, buy an adapter.
- **9.** Put your extension cords away with your holiday decorations. They're designed for temporary, not permanent, use.
- **10.** Avoid overloading a multiple-slot extension cord with too many devices. That cord has to plug into an outlet that can overheat if you overload it. ■



RON BAILEY | ISTOCK.COM

Pecan Pie Muffins

1 cup chopped pecans
1 cup brown sugar
½ cup flour
½ teaspoon baking powder
¼ teaspoon salt
½ cup (1 stick) butter, melted
2 eggs, beaten
1 teaspoon vanilla extract

- 1. Preheat oven to 350 degrees. In a medium-size bowl, stir together pecans, brown sugar, flour, baking powder and salt.
- **2.** Add melted butter, eggs and vanilla to bowl and stir to mix well.
- **3.** Spoon batter into a foil-lined muffin pan. (Batter will stick to regular paper muffin cups.) Fill each cup about ³/₄ full. Bake 20–25 minutes.

MAKES 12 MUFFINS

Find this and more delicious recipes online at TexasCoopPower.com.











CECA Members Gather for the Annual Meeting

SMILES LIT UP the venue as 231 member families convened for CECA's 84th annual meeting October 8 at the co-op's headquarters in Comanche. As members and their families arrived, they were received with a warm welcome from CECA board members and employees.

A key purpose of the gathering was to elect a director to represent District 5, which covers northern Brown County east of the Pecan Bayou. With a quorum requirement of 75 met, members elected Troy Stewart to serve as the District 5 director.

The annual meeting's health fair began at 9 a.m., and mem-

bers met with representatives from several organizations: CECA Operation Round-Up, Boy Scout Troop 67, Western Hills Health-care Residence, Comanche County Medical Center, U.S. Department of Agriculture Rural Development, Goldthwaite Health and Rehabilitation Center, and AccelHealth. Bayer Ford in Comanche allowed annual meeting attendees to view a new electric vehicle, the Ford F-150 Lightning, on-site.

After members browsed the booths, they found seats in the venue and listened to country music performer Jerrod Hicks while they waited for the meeting to begin.





- 1. A member casts his vote.
- 2. General Manager Alan Lesley visits with members.
- **3.** Director Pete McDougal is happy to see fellow members at the annual meeting.
- **4.** CECA employees, from left, Veronica Gutierrez, Marisol Valdez and Teresa Duran at the registration table.
- **5.** Attendees check out the Ford F-150 Lightning on display.
- **6.** Bucket trucks display a welcome banner at CECA's 84th annual meeting October 8.
- **7.** Alan Lesley, right, with Randy Denning, CECA director.
- **8.** CECA members catch a ride on the back of a golf cart.
- **9.** Members line up for a barbecue meal.
- 10. Alan Lesley delivers his speech.
- **11.** Monty Carlisle, board president, awards Eddie Strube a 40-year service pin.









After the health fair and entertainment concluded, it was time for the annual meeting to begin. Brooklynn Richmond sang the national anthem, and the meeting commenced. The cooperative thanks all of its guests for attending CECA's annual meeting and providing excellent service and entertainment to its members.

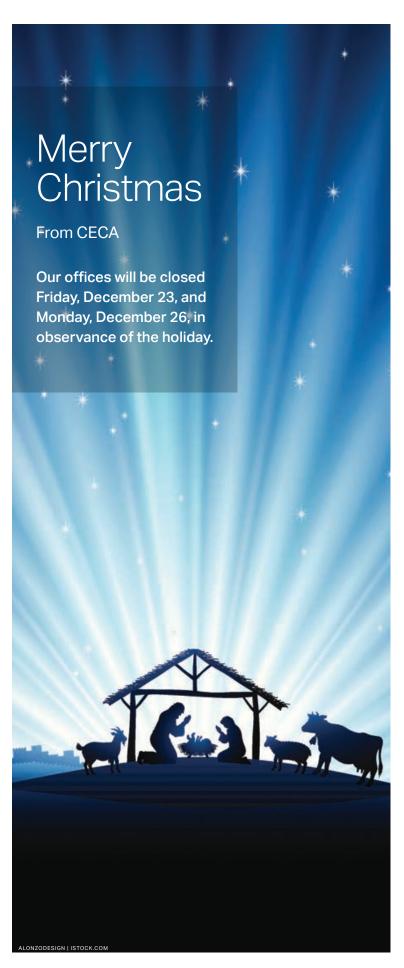
CECA General Manager Alan Lesley's speech highlighted the challenges the cooperative has faced over the three years since the membership last met for a traditional annual meeting. Lesley spoke of the hardships caused by the COVID-19 pandemic and the February 2021 winter storm, along with the physical and financial impact of those obstacles. Lesley also addressed the recent short-term run-up in power costs and reported that despite these challenges, the cooperative remains competitive and strong.

Lesley then announced service award recipients. Service awards are presented to CECA employees in increments of

five-year tenure milestones. Eddie Strube received a monumental 40-year service pin, and Oracio "Ro" Lopez received a 20-year pin. Guy Clawson, Elizabeth DeForest, Rachel Ford, Justin Riley and Scott Rutledge received 15-year service pins, and Marisol Valdez received a five-year service pin. Each of these pins symbolizes the hard work and dedication of CECA employees to provide members with reliable electricity.

Immediately after the meeting adjourned, members made a beeline for the buffet to fill their plates with brisket, sausage, beans, potato salad and other tasty items provided by CECA.

CECA appreciates all of its members and thanks all who attended the 84th annual meeting. We are blessed to have outstanding members like you and your family.



LEDs: A Bright Idea for Stocking Stuffers

IT'S UNLIKELY THAT anyone in your household has asked Santa for a gift of energy savings, but slipping an energy-efficient lightbulb into a stocking could be a good way to keep energy efficiency top of mind this holiday season.

LEDs use up to 75% less energy than traditional incandescent lightbulbs and can last for 10 years or longer. They use a lower wattage to produce the same amount of light and are safer since they don't produce heat.

Most incandescent bulbs are banned from stores by now. But if you still have some burning in lamps or overhead light fixtures, now is a good time to change them.

Using less energy for lighting means a lower energy bill for you—and more money to spend on other stocking stuffers.

Or you can surprise your family members with fun, new bedroom lamps that burn an LED light that's built right into the fixture and never needs changing.





Don't Ignore Your Water Heater

YOU PROBABLY NEVER see it, but your water heater works hard all year round to make sure your family can take hot showers, rinse caked-on food off of dishes and wash your clothes at any temperature you choose.

During the winter, however, the water heater works even harder. Cold weather means it has to spend extra energy to heat water. Extra showers, laundry and dirty dishes during the holiday season mean heating more tanks of water to keep up.

So don't ignore it. Like any appliance, your water heater needs attention and maintenance to stay in good working condition.

Take a look. Most homeowners don't look at their water heaters until there's a problem, but a glance every now and then could keep those problems at bay. If the outside of the tank is rusting or if water is leaking from it or you see rusty water stains on the floor surrounding it, call a plumber right away.

Reset the temperature. It's easier than you think to accidentally raise or lower the temperature setting on a water heater, just by knocking it with a mop while you're cleaning the floor, for example. Verify that the appliance is set to 120 degrees. You'll notice a difference in the water temperature in the shower if it's too low or too high.

Insulate the water heater. Insulating the pipes and tanks will keep heat inside the tank and prevent it from escaping into the air. Consider investing in an inexpensive water heater blanket, usually made from foil or fiberglass. It will help the tank maintain a consistent temperature. A tip: Leave it on year-round.

Call for service. An annual flush will remove sediment and minerals that can build up in the tank and reduce the water heater's efficiency and life span. ■

Comanche Electric Cooperative Association

our Touchstone Energy" Cooperative

CONTACT US

349 Industrial Blvd. Comanche, TX 76442 **Toll-Free** 1-800-915-2533 **Web** ceca.coop

General Manager

Alan Lesley

Board of Directors Randy Denning, District 1 Pete McDougal, District 2 Ruby Solomon, District 3 Monty Carlisle, District 4 Troy Stewart, District 5 Loren Stroebel, District 6 Phil Taylor, District 7

24/7

Outage Hotline Number

CECA crews are available 24/7 in the event of a power quality issue.

TOLL-FREE 1-800-915-2533

ABOUT CECA

CECA operates in Brown, Callahan, Comanche, Eastland, Mills, Shackelford and Stephens counties.

OFFICE LOCATIONS

Headquarters

349 Industrial Blvd. Comanche, TX 76442 Monday–Friday,7:30 a.m.–4:30 p.m.

Early

1801 CR 338
Early, TX 76801
Monday, Wednesday and Friday, 7:30 a.m.–4:30
p.m. Closed from 1– 2 p.m.

Eastland

1311 W. Main St. Eastland, TX 76448 Tuesday and Thursday, 8 a.m.–4 p.m.

VISIT US ONLINE

ceca.coop





Check us out at TexasCoopPower.com/comanche



Store Electric Decorations Safely After Christmas

EVERY YEAR AFTER the holidays, you carefully zip your artificial Christmas tree into a waterproof bag. You lovingly place your precious ornaments into padded boxes. You neatly fold your leftover wrapping paper and stack it in a plastic box so it will come out fresh and ready next December.

But are you jamming tangles of electric light strands into a box that's a little bit too small? And how about the extension cords that let you plug your tree into an outlet that is way too far away for a regular cord to reach? It's a good bet that those extension cords are still plugged in.

Once this holiday season is over, take as much care with electrical cords as you do with the family heirlooms that help make your holidays special. Here are five ways to keep your light strands in good shape and prevent them from becoming next winter's fire hazard.

As you take down each strand of lights, inspect it for broken or burnedout bulbs. Replace the bulbs and discard any strands with frayed or damaged cords.

Label each strand of lights to remind you where you like to hang it. A year is a long time to remember those details.

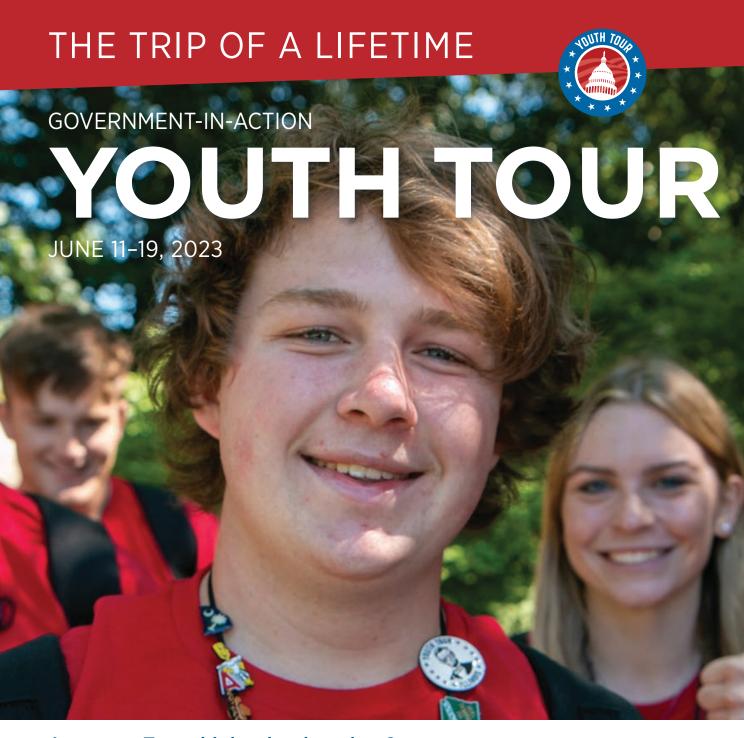
Pack up all extension cords along with the decorations. Extension cords are designed for temporary use and are not safe for continual use.

Invest in a storage wheel designed for string lights and a bag sized for the reels. That will keep the cords from tangling, the bulbs from breaking, and the weather and bugs from ruining your lights. Or, instead of a reel, use a rectangular piece of cardboard with a slit cut in one end. Slide one end of your lights in the slit and then wrap the strand around the cardboard and slide the end into the slit. Your lights will remain tangle-free until next year.

Remove batteries from decorations before you put them away. You use the decorations only for about a month every year, and the batteries likely won't last until next December, even if they're dormant. Plus, batteries can corrode and leak all over your packed-up electric toys and decorations.







Are you a Texas high school student? Would you like to travel, experience a big city and visit historic landmarks—all without spending a dime of your own money? Perhaps you'd like to meet your congressional representative, or maybe you're looking for an inspirational experience in the company of other Texas teens. If that sounds like you, then the **Government-in-Action Youth Tour** trip to Washington, D.C., is your tour.

To apply for the trip, complete the application at ceca.coop. If you have questions, please call 1-800-915-2533 or email memberservices@ceca.coop.

Deadline for entries is 4:30 p.m. Friday, February 3.



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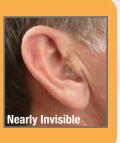


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SACRED STONE OF THE SOUTHWEST IS ON THE BRINK OF EXTINCTION

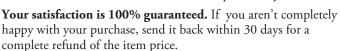


Centuries ago, Persians, Tibetans and Mayans considered turquoise a gemstone of the heavens, believing the striking blue stones were sacred pieces of sky. Today, the rarest and most valuable turquoise is found in the American Southwest— but the future of the blue beauty is unclear.

On a recent trip to Tucson, we spoke with fourth generation turquoise traders who explained that less than five percent of turquoise mined worldwide can be set into jewelry and only about twenty mines in the Southwest supply gem-quality turquoise. Once a thriving industry, many Southwest mines have run dry and are now closed.

We found a limited supply of turquoise from Arizona and purchased it for our *Sedona Turquoise Collection*. Inspired by the work of those ancient craftsmen and designed to showcase the exceptional blue stone, each stabilized vibrant cabochon features a unique, one-of-a-kind matrix surrounded in Bali metalwork. You could drop over \$1,200 on a turquoise pendant, or you could secure 26 carats of genuine Arizona turquoise for **just \$99**.

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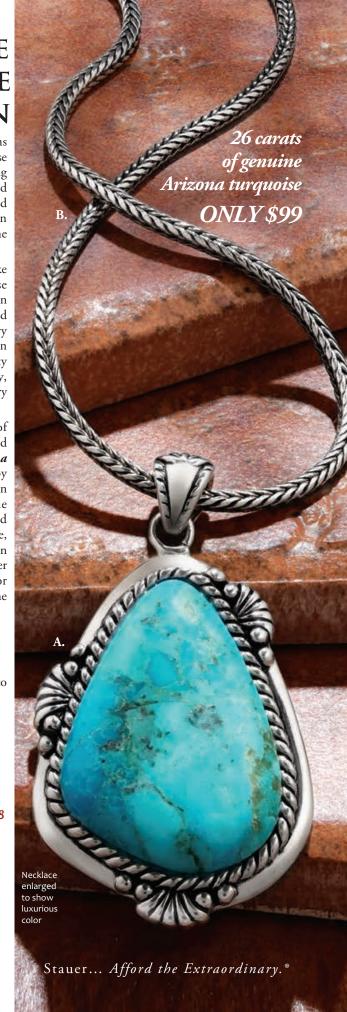
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A Brief but Determined Texan

Samuel Walker's violent adventures became the stuff of legend

BY W.F. STRONG

SAMUEL WALKER arrived in Texas six years after the republic won its independence. In five more years, he would be dead. But in those five years, he would defend San Antonio from Mexican forces, invade Mexico four times, escape from a Mexican prison and help design one of the most famous guns in history.

One hundred and seventy-five years later, he's also remembered as one of the most fascinating Texas Rangers of all time.

Before he was a Ranger, Walker was part of the ill-fated Mier expedition, during which 176 Texian militiamen were captured by Mexico in 1843. Gen. Antonio López de Santa Anna ordered them all shot, but cooler heads in the Mexican government prevailed, demanding one in every 10 killed instead. The Texans drew beans from a pot. Those who got one of the 17 black beans would be executed; those who drew white beans would live. Walker got a white bean.

The survivors were marched 800 miles across Mexico's brutal deserts. Once in Mexico City, Walker and some other captives were imprisoned; others were marched another 100 miles and incarcerated in the infamous Perote Prison.

There is a much-shared myth that while he was incarcerated, Walker was ordered to dig a hole for a flagpole and Listen as W.F. Strong narrates this story on our website.



raise the Mexican flag. According to one version of the legend, he put a dime at the bottom of the hole and vowed to return one day, reclaim the coin and raise the Texas flag. Several years later, the story goes, he retrieved his dime when he returned with American forces.

It's a good story but probably not true. Walker never mentioned it in his journals, and the flagpole in the various versions of the myth is always in Perote Prison. Walker was never held there.

Walker eventually escaped—a story that would make a good novel in itself—and made it back to Texas. He joined up with Jack Hays and the Texas Rangers in 1844.

When Gen. Zachary Taylor sent out a call in 1845 for volunteers to scout for his federal troops, Walker immediately signed up. He ran messages through the Mexican lines to keep Fort Texas (soon to be Fort Brown) aware of Taylor's plans, and Walker led the charge in the battle for Monterrey.

It was after Taylor's forces had secured Monterrey, in 1846, that Walker took a brief furlough and traveled east. There he gave Samuel Colt some ideas for improving an earlier model of Colt's revolver. Colt, in gratitude, named a special, very heavy model—more than 4½ pounds—of his new six-shooter after the Ranger.

Walker next joined up with Gen. Winfield Scott's campaign to attack Mexico City, sacking Perote Prison on the way. But Walker would not live to make it back to Texas. He died fighting in the town of Huamantla in 1847.

Walker's body was eventually returned to San Antonio, interred in the Odd Fellows Cemetery, next to the unidentified remains of defenders of the Alamo.



Make room on your plates for these yummy treats this holiday season

BY MEGAN MYERS, FOOD EDITOR

December is the perfect time of year for gathering with friends and family, and for me that always means having plenty of nibbles on hand. Hove serving (and eating) appetizers. Everyone gets to taste a variety of dishes, and you don't need to worry about overfilling your plate.

Jalapeño Popper Bites

8 ounces cream cheese, softened
½ cup finely shredded cheddar cheese
½ cup chopped jalapeño peppers
⅓ cup cooked and crumbled bacon
½ teaspoon salt
Pinch ground cayenne pepper (optional)

30 phyllo shells Pickled jalapeño slices, for garnish

COOK'S TIP For a vegetarian option, the bacon can be left out.

- 1. Preheat oven to 350 degrees.
- 2. In a bowl, combine cream cheese, cheddar, chopped jalapeños, bacon, salt and cayenne until smooth and uniformly mixed.
- **3.** Use two spoons or a small cookie scoop to divide mixture among phyllo shells. Place filled shells on a rimmed baking sheet and bake 10 minutes, until shells are crisp and filling is just starting to brown.
- **4.** Let cool slightly and top each shell with a slice of pickled jalapeño. Serve warm.

MAKES 30 POPPERS

Follow along with Megan Myers and her adventures in the kitchen at stetted.com, where she features a recipe for Everything Bagel Pretzel Bites.



Cheesy Pepperoni Pizza Puffs

BEV KELLY BANDERA EC

Young guests will love these pizza puffs, but adults will enjoy them too. If you can't find mini pepperoni rounds, use diced pepperoni or cut standard pepperoni slices into small pieces.

- 5 ounces (1 package) mini pepperoni rounds, divided use
- 2 cups flour
- 1 cup fresh shredded Parmesan cheese
- 2 tablespoons Italian seasoning
- 2 teaspoons baking powder
- 1 teaspoon sugar
- 1/2 teaspoon crushed red chile flakes
- 11/2 cups whole milk
- 2 eggs, beaten
- 2 tablespoons extra virgin olive oil
- 2 cups shredded four-cheese pizza blend

Marinara sauce, for serving

- 1. Preheat oven to 350 degrees. Lightly coat two 24-cup mini muffin pans with nonstick spray. Reserve about 1/4 cup pepperoni rounds and set aside.
- 2. In a large bowl, stir together flour, Parmesan, Italian seasoning, baking powder, sugar and red chile flakes. Stir in milk, eggs and oil until well blended, then stir in pizza cheese blend and remaining pepperoni.

\$500 WINNER

Texas Brisket Empanadas ANN MCCOOL TRI-COUNTY EC



These empanadas will be among the first to disappear from the table thanks to their flavorful filling and dipping sauce. If you like, roll the puff pastry out thinner to create more empanadas with the same amount of filling.

MAKES 12-20 EMPANADAS



EMPANADAS

1 sheet puff pastry

1 tablespoon olive oil

1/₃ cup finely chopped red onion

1 jalapeño pepper, finely chopped

11/4 cups finely chopped cooked brisket

1 clove garlic, finely chopped

2 tablespoons barbecue sauce

1 teaspoon hot sauce

1/2 cup finely grated sharp cheddar cheese

1 egg

1 tablespoon water

DIPPING SAUCE
% cup sour cream
% cup barbecue sauce
2 tablespoons hot sauce
Lime juice, to taste

- **1.** EMPANADAS Preheat oven to 375 degrees. Thaw puff pastry according to package directions and line two baking sheets with parchment.
- 2. Pour olive oil into a skillet and heat to medium, then add onion and jalapeño. Cook about 5 minutes, until starting to soften. Add brisket, garlic, barbecue sauce and hot sauce and cook another 3 minutes, stirring to combine well.
- **3.** Transfer mixture to a bowl and stir in cheddar cheese until evenly mixed.
- **4.** Roll out puff pastry to a large rectangle, approximately 9 by 12 inches, and cut into 3-inch squares.
- **5.** Whisk together egg and water in a bowl and brush a small amount on edges of pastry squares. Place about 1 tablespoon of brisket filling in the center of each square, then fold over one side, bringing edges together. Crimp edges together with a fork.
- **6.** Arrange empanadas on baking sheets and bake 20 minutes, until light golden brown.
- **7.** DIPPING SAUCE In a bowl stir together sour cream, barbecue sauce, hot sauce and lime juice.
- **8.** Serve empanadas warm with sauce on the side.

CONTINUED >

\$500 Recipe Contest

BERRIES DUE DECEMBER 10

We're looking for your favorite ways to enjoy strawberries, blackberries, blueberries, raspberries and more of the small juicy delights. Submit your recipes on our website by December 10 for a chance to win \$500.



RECIPES CONTINUED

- **3.** Scoop a heaping tablespoon into each muffin cup and top with reserved pepperoni slices.
- **4.** Bake 20 minutes, until puffed and golden brown. Let cool 5 minutes, then remove from pan and serve.

MAKES ABOUT 4 DOZEN PIZZA PUFFS

Crispy Coconut Shrimp

VAN FULTON PEDERNALES EC

Homemade coconut shrimp is a wonderful appetizer for any occasion. Make sure to leave the tails on when peeling the shrimp, as it will make it easier to dip the shrimp into the coatings.

11/4 cups shredded coconut 1/3 cup panko breadcrumbs 1/3 cup flour 1/2 teaspoon salt 1/2 teaspoon sugar



¼ teaspoon pepper2 eggs1 pound raw jumbo sł

1 pound raw jumbo shrimp, defrosted, peeled and deveined

Oil for frying

Chopped fresh cilantro, for garnish Thai sweet chili sauce, for serving

- **1.** In a shallow bowl, combine coconut and panko. In another shallow bowl, combine flour, salt, sugar and pepper. Beat eggs in a third bowl.
- **2.** Pat shrimp dry with paper towels. Holding by the tail, dip shrimp first into the

flour mixture, coating all sides. Then dip into the egg, let excess drip off and dip into the coconut mixture, pressing gently to adhere. Place coated shrimp on a baking sheet and repeat until all shrimp are coated.

- **3.** In a heavy-bottomed pot such as a Dutch oven, add about 2 inches of oil and heat over high to 365 degrees. Use a thermometer to monitor temperature.
- **4.** Fry shrimp in batches until golden brown, 1–2 minutes. Drain on a rack and let cool slightly before serving.
- **5.** Garnish with cilantro, if desired. Serve with Thai sweet chili sauce for dipping.

MAKES ABOUT 20 SHRIMPS

Remember, we have nearly 1,000 recipes on our website to make your holidays perfect. Search by dish or ingredient and dig in.

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Fredericksburg

Getaway Contest

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HIT THE ROAD



A Raw Deal

Dziuk's Meat Market has perfected so-called Texas tartare

BY CHET GARNER

WHEN I THINK of all the things I've eaten on the road that were most unfamiliar, a few dishes come to mind. There was the smoked cow eyeball in Brownsville, chicken feet in Houston and deep-fried rattlesnake in Sweetwater. I had to overcome some hesitations but still finished each one. That's what I expected when I set out to try raw beef parisa at Dziuk's Meat Market. But not only did I finish my plate, I left with an entire pound for later.

Dziuk's (pronounced "jukes") has been around since the 1960s, when it was started in Poth by two brothers. Later another location opened in Castroville, west of San Antonio. It's an old-school meat market where you can buy a great steak cut to order and even bring in deer for processing. But despite selling every cut of meat your heart might desire, the most popular item remains their house-made parisa.

Parisa is a traditional dish made of raw round steak that's ground up and mixed with salt, pepper, onions, jalapeños and soft easy-melt cheese. The locals buy hundreds of pounds a week to eat with crackers and bring to family gatherings. It's a regional delicacy that, as far as I can tell, is only made at a handful of markets across Medina County. Third-generation owner Kenton Sims told me to think of it as "Texas tartare."

I plunged my saltine deep into a pile of parisa then took a deep breath and a big bite. The flavor was instantly familiar: Tex-Mex spices blended deliciously with the mouthfeel and taste of a juicy hamburger. I loved it and finished off the whole platter. Then I ordered some parisa for the road—and made sure not to leave it behind in a hot car.

ABOVE A platter of parisa didn't last long once Chet got ahold of it.

Chet cooks up another video featuring one of his culinary adventures. Watch it on our website and see all his Texplorations on *The Daytripper* on PBS.



Know Before You Go

Call ahead or check an event's website for scheduling details.

DECEMBER

08

New Braunfels Old Town Christmas Market, (830) 629-2943, newbraunfelsconservation.org

Dallas [8–11] Lone Star State Classic Dog Show, dallasdogshow.com

Granbury [8–11, 15–18, 20–23] Miracle on 34th Street, (817) 579-0952, granburytheatrecompany.org

09

Fredericksburg [9–10] Christmas Journey, (830) 997-2069, bethanyfredericksburg.com

Lake Brownwood [9–10] Holiday at the Lake, (325) 784-5223, tpwd.texas.gov

Montalba [9–11] A Walk Through Bethlehem, (903) 764-8048, visitpalestine.com

Palestine [9–11] The Man Who Wanted To Be Santa Claus, (903) 922-1146, thetexastheater.com

Waxahachie [9–11] A Charlie Brown Christmas, (972) 646-1050, waxahachie communitytheatre.com

Fredericksburg [9–11, 16–18] *Miracle on 34th Street*, (830) 997-3588, fredericksburgtheater.org

10

Canton East Texas Book Bash, easttexas bookbash@gmail.com, easttexasbookbash.weebly.com

Chappell Hill Christmas Home Tour, (713) 562-6191, chappellhillgardenclub.com Corpus Christi Corpus Christi Symphony Orchestra: Home for the Holidays, (361) 883-6683, ccsymphony.org

Huntsville Houston Family Christmas, (936) 294-1111, samhoustonmemorial museum.com

Llano Snow Day!, (325) 247-5354, llanochamber.org

Round Top *The Nutcracker*, (979) 249-3129, festivalhill.org

Weslaco Lighted Christmas Parade, (956) 968-2102, weslaco.com

Fredericksburg [10–11] Redbud Artisan Market Holiday Show, (512) 660-3328, redbudartisanmarket.com

Spring [10–11] Islamic Arts Festival, info@ islamicartssociety.org, islamicartssociety.org

Seguin Mid-Texas Symphony: A Storybook Holiday, (830) 463-5353, mtsymphony.org

Texarkana Christmas at the Perot, (870) 773-3401, texarkanasymphony.org

Lubbock Glimpses of Lubbock History: Christmas in Lubbock, (806) 767-3733, ci.lubbock.tx.us

Corsicana Christmas Variety Show, (903) 874-7792, corsicanapalace.com

> Katy Christmas Gift Market, (936) 900-1900, bigtop.show

> > MORE EVENTS >

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Pick of the Month

Mariachi Sol de México de José Hernández: *Merry-Achi Christma*s

Midland, December 14 1-800-514-3849, wagnernoel.com

José Hernández's Mariachi Sol de México blends cultural traditions with modern genres and styles to create an award-winning sound that has appealed to listeners the world over. This is a Christmas concert you won't soon forget.

DECEMBER EVENTS CONTINUED

15

Anson [15–17] Texas Cowboys' Christmas Ball, (325) 696-9040, texasccb.com

16

Tyler K-Love Christmas, (903) 525-1100, gabc.org

Boerne [16–18] Kinder Fest, (830) 816-2176, ci.boerne.tx.us

Leander [16–18] GoGames360,
1-866-582-5422,
gogames360.com

17

Amarillo Amarillo Symphony: Happy Holiday Pops, (806) 376-8782, amarillosymphony.org

Bandera Horse-Drawn Wagon Rides With Santa, (830) 688-3063, banderacowboycapital.com

Boerne Winter Solstice: Rudi and the Rudiments, (830) 537-4212, cavewithoutaname.com Brenham The Grand Ol' Christmas Show, (979) 337-7240, thebarnhillcenter.com

Coldspring It's a Charlie Diggs Christmas, charliediggs.com

Waco Carpenters Legacy: A Christmas Portrait, (254) 296-9000, wacohippodrometheatre.com

Austin [17–23] Armadillo Christmas Bazaar, (512) 447-1605, armadillobazaar.com

Grand Prairie Michael
Martin Murphey's Cowboy
Christmas, (972) 854-5076,

Richards James Zimmerman, (936) 436-9050, wscwinery.com

texastrustcutheatre.com

Stonewall Annual Tree Lighting, (830) 644-2252, tpwd.texas.gov

New Braunfels Deck the Dancehalls, (830) 606-1281, gruenehall.com

> Palestine Christmas Carol Sing Along, (903) 723-3014, visitpalestine.com

Elgin Glowing Into 2023, (512) 281-5724, elgintexas.gov

> Fredericksburg Countdown to 2023, (830) 997-7521, fbgtx.org

JANUARY

01

Round Top Linda Patterson and Friends: Organ Duets, (979) 249-3129, festivalhill.org

Surfside Beach Polar Plunge, (979) 233-1531, visitbrazosport.com

Winter Wildlife

Step into the crisp air, slide a gloved hand over snow packed all around, and see evidence of animals large and small as you step into a sparkling winter wonderland. When a twig snaps behind you, you'll have to act fast to capture an image as stunning as these.

CURATED BY GRACE FULTZ







1 MIKE PRESTIGIACOMO BARTLETT EC A thirsty fox.

2 FRANKI SALDIVAR J-A-C EC

"I put a bird feeder out for the cardinals when it snowed, and they sure seemed to appreciate it."

3 RICK BLACKMORE PEDERNALES EC

"A buck lounging in the snow during the winter storm of 2021."

4 GABRIELLE ETHINGTON PENTEX ENERGY

A doe curiously walks up to a dove looking for food.



Upcoming Contests

DUE DEC 10 Riding the River
DUE JAN 10 Taking Flight

DUE FEB 10 Dad



Enter online at TexasCoopPower.com/contests.

See Focus on Texas on our website for more Winter Wildlife photos from readers.



I'll Be Gone for Christmas

The gift of escaping and passing along a mother's curious nature

BY BABS RODRIGUEZ
ILLUSTRATION BY KEVIN FALES

TRAVEL DURING the Christmas season is my way of clearing my head of the clutter that can weigh down the celebration. I just need a few deep breaths beneath trees that don't have lights on them. And a spare winter landscape regenerates my spirit like nothing else.

I first discovered how meaningful such a journey could be when my son was barely school age. It was 20 years ago, just after our mom died, and my youngest brother, Jimmy, and I were struggling to reinvent the holiday season without her.

I invited Jimmy, whose eccentric education in anthropology and fishing made him an ideal camp companion, to join my son and me in a nearby state park.

As we settled into a campsite, I realized that I had been so fixated on keeping the planning minimal that I had packed no

chairs, no plates, no knife. I did bring salt and pepper, a big cake of lavender soap and one plastic fork. It was a few days after I'd hosted a Christmas event for 50 people; I was so tired I was stupid.

My brother was undaunted. Before I had discovered I'd also forgotten firewood, he had chicken seasoned and cooking nicely on his portable grill—gamely making do with the single plastic utensil. I headed to a nearby store for split logs.

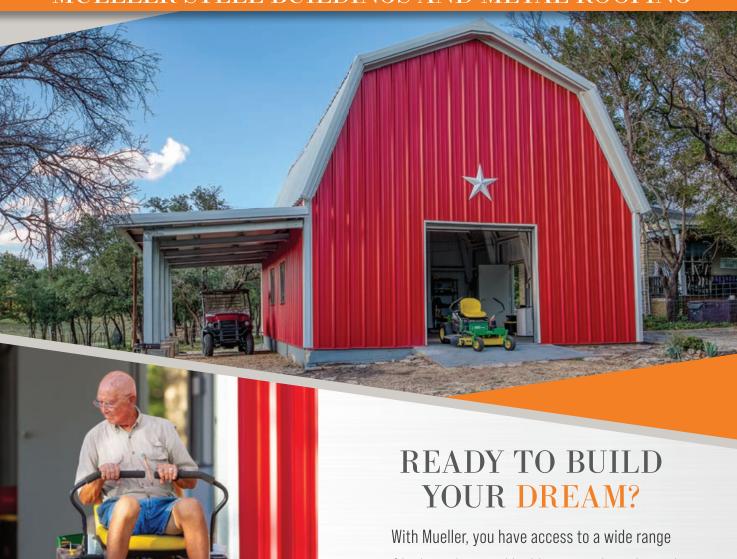
When I returned, my son was barefoot. In the time I'd been gone, he'd cast his rod into the lake, then waded in after it—soaking socks and shoes. He appeared delighted to be wearing leather work gloves on his feet, like some giant splay-footed bird cozied up to the grill. Uncle Jimmy was already steaming the socks dry.

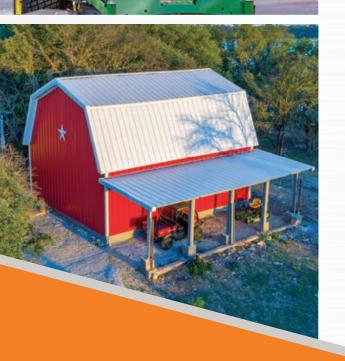
After eating, we hiked to a spectacular scenic overlook. That was when I consciously noted Jimmy's pink stocking cap. The hat was familiar. And comforting. It had been knitted by our mother. In her passion for handcrafts, Mom would get stuck in loops of creativity. Jimmy was the beneficiary of the Year of the Knitted Caps. By wearing one, he brought her along.

Jimmy also inherited Mother's adaptability and resourcefulness. We both have a heaping share of her curiosity. She taught us to pause often on any walk, to study stones and insects and scat. She was monumentally successful in opening our eyes to the natural world.

After we took in the view from the overlook, we began exploring cautiously. I focused my attention on my son, introducing him to nopales and miniscule fungi. But watching Jimmy bobbing through the woods in that pink hat, I realized it was I who most needed the lessons of this day away from the holiday: a reminder to be the mother to my son that she had been to me.

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