

JON WALK'S ENDLESS  
RUNNING LIST

PORT MANSFIELD'S  
SUNKEN TREASURE

TASTY GLUTEN-FREE  
RECIPES

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# January 2023



08

## A Running List

Jon Walk can't help himself. He runs—all over the state—and keeps lists of his expansive exploits.

By Carlton Stowers  
Illustration by John Kachik

## 10 Stable Futures

Texas-based organizations help find homes for needy steeds of different stripes.

By Margaret Buranen  
Photos by Dave Shafer

ON THE COVER  
Salye Coles and Joshua,  
a mustang in her care.  
Photo by Dave Shafer

ABOVE  
Jon Walk is on a quest to run  
a mile in every Texas county.  
Illustration by John Kachik

04

### Currents

The latest buzz

06

### TCP Talk

Readers respond

18

### Co-op News

Information plus energy and safety tips from your cooperative

29

### Footnotes in Texas History

Priceless Passage  
By W.F. Strong

30

### TCP Kitchen

Gluten-Free  
By Megan Myers

34

### Hit the Road

Afterlife Sentence  
By Chet Garner

37

### Focus on Texas

Photo Contest:  
Nature's Color

38

### Observations

Oh! Possum!  
By Martha Deeringer



# Startling Fact

**LEAVE YOUR FRIENDS** star-struck with your smarts.

Polaris, the North Star, sits directly above the North Pole along Earth's rotational axis. That's the imaginary line that extends through the planet and out of the North and South poles.

But here's the dazzling part: Polaris hasn't always been the North Star. Because Earth wobbles, that rotational axis sometimes points to a different star. That's why, about 14,000 years ago, Vega was the North Star. And it will be again in about 12,000 years.

“Keep your eyes on the stars but remember to keep your feet on the ground.”

—THEODORE ROOSEVELT



## Turning Your Stomach?

Michigan State University researchers say a newly developed material for making wind turbines could later be recycled into objects ranging from car parts to gummy bears.

### **TCP** Contests and More

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SENTENCE**  
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Below are some of the responses to our November prompt: **It's been so long since I ...**

Listened to the red wolves howl in answer to a sawmill steam whistle.  
**WAYMON VEST**  
**HOUSTON COUNTY EC**  
**CROCKETT**

Caught fireflies in a jar.  
**WANDA LOVELACE**  
**TRI-COUNTY EC**  
**WEATHERFORD**

Hopped across the sun-warmed, deep furrows of a freshly plowed cotton field.  
**DIANN STOVALL**  
**CECA**  
**ZEPHYR**

Dialed a rotary telephone.  
**REBECCA VANCE**  
**WOOD COUNTY EC**  
**MINEOLA**

Drank from a garden hose.  
**DUWAYNE ALBRECHT**  
**COSERV**  
**MCKINNEY**

Visit our website to see more responses.



**It Sounded  
Like a ...**

**ABILENE HAS A NEW** sculpture little more than a buffalo chip's toss away from the eight giant steel bison twisting in the wind 35 feet above Frontier Texas. Singing Ringing Tree, above, installed in July 2022, takes advantage of the West Texas town's bluster, turning 27 tons of pipes into giant flutes that create music audible up to 400 feet away, depending on the prevailing gusts.

The 22-foot-tall stack of pipes is arranged in a way that reminds knowing residents of a tornado and takes advantage of the winds that blow through town at an average of 12 mph.

**Guess  
what?**  
**January 4**  
**is National**  
**Trivia Day.**



## The Arable Twos

“We should be grateful for every 2-year-old out there who loves the land like he does. Thank you, farmers. We don’t say that enough.”

BARBARA MACHA  
COSERV  
HIGHLAND VILLAGE

## Newcomer Nuance?

I’ve noticed a pattern developing of a decrease in articles featuring long-established country folk and an increase in showcasing new arrivals to the state [Connecting With the Land, September 2022].

From the content that’s been featured over the past few years, I can only deduce that our co-op magazine seems to be trying to placate readers with an appetite for citified country life.

Buzz Payne  
Wood County EC  
Big Sandy

I love her [Watch Grandma Cook, November 2022].  
I am addicted to her on TikTok.

KRISTIN SPRINKLE  
VIA FACEBOOK

## Birds of a Feather

I am a transplanted Minnesotan from the rival Turkey capital, Worthington [Not for the Birds, October 2022]. The article brought me back to the September “turkey days” of my youth. Thank you for highlighting the friendly atmosphere and camaraderie of the festivals.

Marcia Opsata-Sparks  
Pedernales EC  
Dripping Springs

## Summer Pursuit

I was a summer employee for a South Texas power company [Reading Between the Lines, October 2022]. Once a month we had to read meters. One time a smart dog hit his gate, the gate opened, and he escaped. I ran for blocks to capture the dog and return it to its yard.

Ken Steed  
Pedernales EC  
Georgetown

I have inherited an interest in a farm that belonged to our parents and grandparents. At age 70, I suddenly became the caretaker of the houses and land—as your writer said, a blessing and a curse. I’ve loved learning how to care for it, but I worry who will do this after me.

Patricia Ricks  
Fayette EC  
Round Top



COURTESY: CUERO TURKEYFEST

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Austin, TX 78701

**Please include** your electric co-op and town. Letters may be edited for clarity and length.

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# A Running List

Jon Walk can't help himself. He runs—all over the state—and keeps lists of his expansive exploits.

BY CARLTON STOWERS

ILLUSTRATION BY JOHN KACHIK

WHEN JON WALK stared down at the scale that morning in 2003 and saw that his weight had gone several pounds beyond the 300 mark, he determined that it was hardly a good look for someone in the health care consulting business. He vowed to make changes and decided to start running.

Early on, he could jog only a few hundred yards through his neighborhood in Spring, north of Houston, before stopping to catch his breath and massage aching calves.

That was long before he finished a marathon in Austin in a personal best time of four hours and 48 minutes; before he had run the grueling 26-mile race 53 times in 48 states; before he set a goal of running at least 1 mile in every county in Texas; and before he had run the streets and back roads of 375 towns and cities across the nation.

And before the 55-year-old native Pennsylvanian, now a well-conditioned 205 pounds, became a list-making wanderer in pursuit of better health and a unique hobby he can't fully explain.

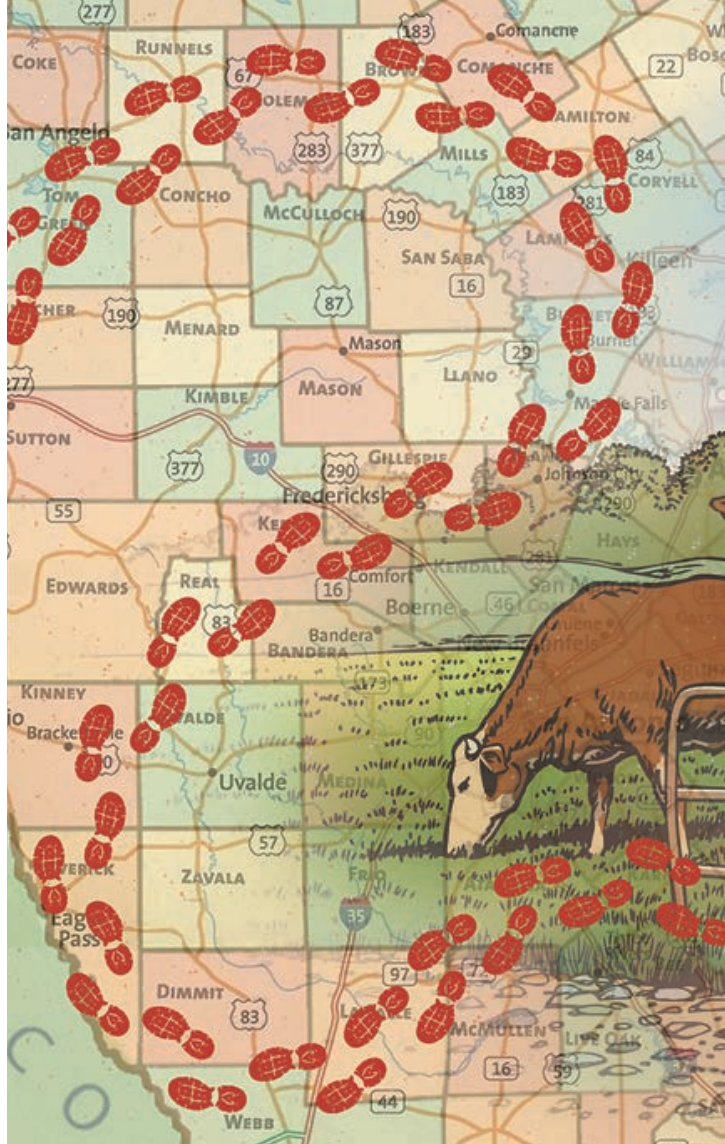
Jon Walk makes lists, many tied to his newfound love for running.

He offers no psychobabble explanation, no Zen-like reasoning. "It just keeps me active and motivated," he says. "I like to think of it as a healthy addiction."

Walk's inspiration came from an old *Runner's World* magazine article about a man who had run at least a mile in every city and township in the state of Massachusetts. Walk borrowed the idea and made all 254 Texas counties his goal. He's getting there, having run in 196 thus far.

"When I'm planning my weekend trips," says the empty-nest parent, "I make an effort to get to as many counties as possible."

Recently he tied his personal record when he flew to Amarillo, rented a car and visited seven Panhandle county seats in a day. He'd achieved the same number in East Texas a year earlier. "I love seeing the architecture of some of the older courthouses, reading the historical markers and meeting new people," he says. Once his downtown sightseeing and local history lessons are recorded in his notebook, he goes on a 15-minute run to assure that he's run at least a mile.



Then it's back in the car and off to the next county.

He's run in triple-digit heat and below-freezing temperatures, pouring rain and West Texas dust storms. Early on, he learned to precheck his route for loose and unfriendly dogs.

On an early evening run in Archer City, a local sheriff's deputy watched him closely as he ran past native son Larry McMurtry's famed bookstore. After flying into the Midland-Odessa airport, he recalls snow and ice making it difficult to keep his rental car on the road.

"The unexpected," he says, "is part of the fun."

Whenever possible, he likes to visit a new locale when an organized race has been scheduled. To date, he has competed in races—10Ks, half-marathons and marathons—in 96 counties. "To do so isn't always possible," he points out. "For instance, Loving County out in West Texas doesn't have but 34 people, so it's a little unreasonable to expect them to organize any kind of race. So, when I went there, I picked a route on a caliche road and waved at the cows as I ran by."

Then, there's the other quests.

Though his own athletic career ended with Little League baseball back in Tyrone, Pennsylvania, Walk has enjoyed sports for as long as he can remember. He's got an impressive collection of back issues of *Sports Illustrated* and *Sporting News* to prove it.

A lifelong basketball fan, Walk has been in high school,





college and professional venues from El Paso to Amarillo to the Gulf Coast. With new arenas and gymnasiums opening regularly throughout the state, it's unrealistic to think he might achieve a onetime goal of visiting them all. "I just want to keep seeing as many places and things as I can until I run out of time or money," he says.

While Walk focuses his travel plans on basketball, baseball and football stadiums, he occasionally finds time for soccer and rugby venues and last spring watched his first Premier Lacrosse League game.

Walk's lists also spawn new lists.

He has stopped for coffee and a quick snack at 20 of the 34 Buc-ee's gas stations in Texas. He need only check his notebook to tell you every bowling alley and movie theater he's visited in the past few decades.

When the COVID-19 pandemic interrupted his travels, Walk turned to reading and, yes, began listing each book he finished. He focuses primarily on—what else?—nonfiction books about sports, recently finishing a biography of Hall of Fame pitcher Nolan Ryan.

In addition to his traveling pursuits, he annually serves as an announcer and official at numerous Houston-area running competitions, including The Woodlands Marathon and the Houston Half Marathon.

He's also a storehouse of historical knowledge about run-

ning. "If I need something like a list of everyone who has ever competed in all seven Texas Ironman competitions, I go straight to Jon," says Lance Phegley, a longtime friend and former editor of *Texas Runner and Triathlete* magazine. "In addition to his personal pursuits, he's constantly promoting others and their accomplishments. He's always alerting me to something noteworthy that a young runner in some small Texas town has done or some forgotten but fascinating moment in sports history."

Willie Fowlkes, director of The Woodlands Marathon who has known Walk for over a decade, agrees. "He's a great friend and asset to the local running community," he says. "His hobbies are just another cool part of his personality."

In the summer lull before high school and collegiate teams return to competition, Walk stays busy adding baseball stadiums to his list. On consecutive weekends, he traveled to Birmingham, Alabama, and Pearl, Mississippi, to visit minor-league ballparks. Meanwhile, he was checking schedules to find when and where the upcoming 7-on-7 football tournaments would be held.

As stadiums and gymnasiums begin filling with cheering fans in the fall and winter months, Walk's calendar quickly fills.

And he'll be off and running. ■



# STABLE



# FUTURES



## Texas-based organizations help find homes for needy steeds of different stripes



ABOVE It took 10 days before Joshua, once a wild mustang, allowed Salye Coles to touch his neck. RIGHT Coles says she almost cried when she first saw the haggard horse.

**A**N EXCITED SALYE COLES and her husband were driving six hours from their West Texas ranch to a Bureau of Land Management facility in Oklahoma. They were headed north last May to pick up a bay mustang gelding, tag No. 3345—a wild horse that had been collected by the BLM as part of an emergency gathering of the animals in the Jackson Mountains of northern Nevada.

In a random drawing, the horse was assigned to Coles, who lives in Sterling City, northwest of San Angelo. She was to train him and make him fit for adoption.

When Coles saw the horse, she almost cried.

“He was at least 250 pounds underweight, so skinny that his ribs were showing,” she says. “His coat was dull, and his mane was matted in knots.”

The listless mustang’s demeanor worried her even more. “He was so dejected, so withdrawn. He didn’t look at me or show interest in anything.”

Droughts in the 10 Western states where mustangs roam free have caused a shortage of not just water but also the grass that sustains them. As conditions worsen, the BLM gathers horses to be cared for and eventually adopted.

Most of these wild animals have been under the protection of the federal agency since 1971. More than 20,000 wild horses have been adopted since then, but 50,000 under BLM protection still need homes.

The Mustang Heritage Foundation, based in Round Rock, has partnered with the BLM since 2006 to train and home thousands of these animals. The nonprofit works with horse trainers like Coles in 40 states.







Coles, a retired schoolteacher, is an experienced horse-woman. She trail rides on her two other mustangs and two quarter horses. Still she wondered if she could give the poor mustang in Oklahoma all the care and training he needed. She had only 100 days to get him ready for a Fort Worth adoption event in August.

After seeing its grim condition, Glenn Coles asked his wife if she still wanted to take the horse home.

Coles had prayed that she would get the right mustang for her. So she told her husband yes, that she felt at peace with the decision.

On their drive home, Ann Souders of the MHF called. She had already found an adopter: Dale Long wanted him as an equine therapy horse at his Western Cross Ranch in Azle.

A biblical name for the horse seemed appropriate to both women. When Souders suggested Joshua, Coles knew that was the right name. The mustang would have a battle to overcome his poor physical and mental state.

Back home, Coles started earning Joshua's trust. It took 10 days before he allowed her to touch his neck. Another week before she could untie the BLM tag around his neck.

Still more days until he let her put on his halter.

Gradually Joshua started nickering to Coles, indicating he was glad to see her. In the third week of July, she was finally able to saddle and ride him.

**What does it mean to bond with a horse that once ran wild and free? Salye Coles says that she most enjoys gaining a mustang's trust. "To watch them willingly give up that wildness, to trust you, is amazing," she says.**

"A mustang is a clean slate, no pretenses," Coles says. "They're the most honest animals I've ever been around. They're smart, and they analyze every single thing."

What does it mean to bond with a horse that once ran wild and free? Coles says that she most enjoys gaining a mustang's trust. "To watch them willingly give up that wildness, to trust you, is amazing," she says.

When people ask how she can bear to give up this mustang she has nursed back to health and grown to love, Coles tells them she knows Joshua is going to a wonderful home.

"His purpose is to help people who are struggling and fighting back," she says. "He has had to fight a battle too."





## SEE FOR YOURSELF

The next Roses to Ribbons adoption event will be held in March at Sam Houston Race Park in Houston. The Mustang Heritage Foundation's Mustang Magic showcase is January 19–21, during the Fort Worth Stock Show & Rodeo.

OPPOSITE Coles and Joshua at the Extreme Mustang Makeover event in Fort Worth. LEFT Tracy Sheffield and Eliot, a former racehorse, have found success in dressage competitions.

## O Beyond the Finish Line

**F** COURSE, mustangs aren't the only horses in need of homes.

Tracy Sheffield's passion is thoroughbreds—her own and those that need help finding a life outside of racing.

Like the MHF, the Paddock Foundation, a charitable arm of the Texas Thoroughbred Association, advocates for these majestic animals. The nonprofit has placed hundreds of former and failed racehorses since March 2015—whether they raced for several years or didn't go to post even once, so-called off-track thoroughbreds.

"Since our first event, we have helped almost 200 thoroughbreds find new homes," says Sheffield, the Paddock Foundation's president who lives in Wimberley, southwest of Austin.

Some thoroughbreds, even if they descend from top racing bloodlines, don't do well in racing. Others have successful track careers cut short by injury. If the injury takes months to heal, the owner may decide it makes more financial sense to move the horse to a new owner and career.

To help new owners connect with these thoroughbreds, Sheffield, a Pedernales Electric Cooperative member who works as a business consultant for veterinary practices,

established horse fairs called Roses to Ribbons. The roses represent racing, like those awarded at the Kentucky Derby, and the ribbons represent the awards given at shows and competitions—an analogy for these horses' transitions.

The events are held at Lone Star Park in Grand Prairie, Sam Houston Race Park in Houston and Retama Park near San Antonio. Two weeks before a meet ends, Sheffield visits with trainers to get details and photos of horses that need new homes. "Through social media—I belong to over 20 horse groups online—I post photos of the available thoroughbreds," she says.

Each fair is held before the day's racing starts and always draws a crowd. Trainers bring their horses to the paddock and talk directly with prospective adopters. Each adoption fee is a private sale by the trainer to the new owner.

"The horses have been well cared for," she says. "The trainers are very picky about who gets to adopt their horses [and can] refuse any sale. I have heard them tell prospective adopters, 'This horse isn't right for you.'"

Sheffield herself has adopted two thoroughbreds. Eliot, a 12-year-old bay, showed no talent for racing. Now he competes in dressage and does trail riding. Sheffield says that Eliot isn't high-strung, as many thoroughbreds are.

"He is so trustworthy," she says. "He takes such good





care of his rider. I've taught people who have never ridden to ride on Eliot."

Gus is 7 years old, has a dark coat and is like a friendly, curious puppy. He was training well for racing when he fractured a sesamoid bone near one foot. The bone healed after surgery, but because of his height, the trainer decided not to risk a second injury from racing that might have left him unsound for other riding. Now he does trail riding.

Thoroughbreds' speed makes them suitable for competitions. They do well in jumping, dressage and trail riding. Sheffield advises potential adopters to "think outside of the box with thoroughbreds.

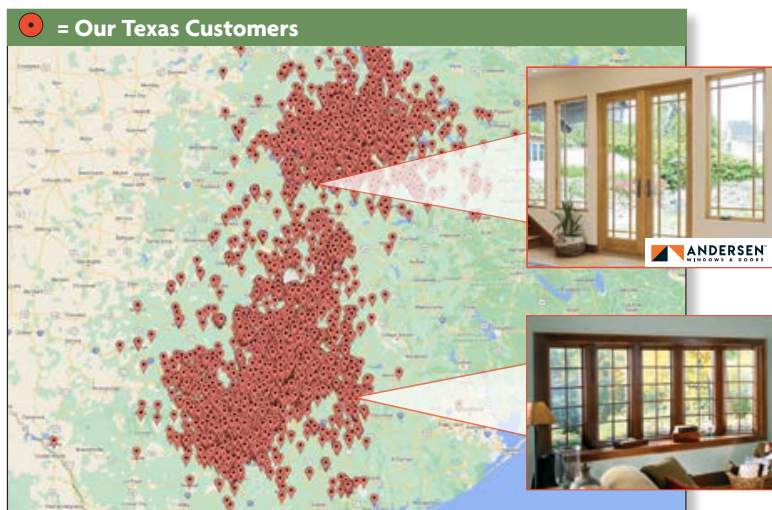
"They can do well in the Western sports world, too, in Western dressage or barrel racing," she says. "The most sure-footed trail horse I've ever had was a thoroughbred." ■

ABOVE Eliot needed little coaxing from Sheffield to perform a bow.  
RIGHT Watch Eliot and Sheffield interact in a video with this story online.





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Mrs. Mr. Ms. \_\_\_\_\_

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### NON-TOBACCO RATES

#### MONTHLY RATES

Issue Age	\$100,000		\$250,000		\$500,000*		\$1,000,000*	
	Male	Female	Male	Female	Male	Female	Male	Female
30	8.87	7.69	9.93	8.80	14	11	18	16
36	9.05	7.98	10.56	9.43	15	13	22	19
37	9.17	8.21	11.07	9.74	15	13	23	20
38	9.31	8.48	11.69	10.13	16	14	24	22
39	9.46	8.78	12.35	10.53	17	15	26	23
40	9.63	9.12	13.13	11.01	18	16	28	25
41	10.00	9.27	13.66	11.60	20	17	30	26
42	10.44	9.46	14.30	12.31	21	18	33	29
43	10.99	9.68	15.09	13.19	24	20	37	31
44	11.57	9.92	15.92	14.11	26	22	41	34
45	12.25	10.20	16.90	15.20	28	24	46	38
46	12.56	10.67	17.87	15.91	30	26	49	40
47	12.94	11.23	19.04	16.76	32	27	53	44
48	13.40	11.93	20.50	17.82	35	29	58	48
49	13.89	12.66	22.02	18.92	37	31	63	52
50	14.46	13.52	23.82	20.23	41	34	69	57
51	15.33	14.15	25.81	21.48	44	36	77	62
52	16.38	14.92	28.22	22.99	49	39	86	67
53	17.69	15.86	31.20	24.87	54	42	97	74
54	19.05	16.85	34.33	26.83	60	46	108	82
55	20.66	18.02	38.02	29.15	67	50	122	90
56	22.28	19.04	41.28	31.10	73	54	134	98
57	24.24	20.27	45.24	33.46	80	58	148	107

#### MONTHLY RATES

Issue Age	\$100,000		\$250,000		\$500,000*		\$1,000,000*	
	Male	Female	Male	Female	Male	Female	Male	Female
58	26.66	21.79	50.12	36.39	89	64	166	118
59	29.20	23.39	55.24	39.45	98	70	185	130
60	32.20	25.28	61.29	43.07	109	77	207	144
61	35.24	28.02	67.54	47.42	120	86	228	159
62	38.92	31.35	75.14	52.70	134	97	253	177
63	43.48	35.46	84.52	59.23	150	111	284	199
64	48.24	39.77	94.35	66.07	168	125	317	223
65	53.88	44.87	105.96	74.15	188	142	356	251
66	59.39	48.85	116.50	84.59	208	150	392	270
67	66.07	53.68	129.30	97.26	232	161	437	293
68	74.33	59.65	145.11	112.92	262	174	491	322
69	82.98	65.91	161.68	129.33	293	188	548	352
70	93.20	73.30	181.25	148.72	330	204	615	387
71	102.45	82.71	204.38	159.34	374	235	702	443
72	113.68	94.13	232.46	172.23	427	272	807	512
73	127.55	108.24	267.15	188.15	493	319	937	596
74	142.08	123.01	303.50	204.84	562	367	1074	685
75	159.25	140.48	346.45	224.56	644	424	1235	789
76	200.03	174.92	418.29	276.67	785	530	1489	982
77	249.54	216.74	505.52	339.94	956	658	1797	1215
78	310.70	268.40	613.27	418.11	1167	817	2179	1504
79	374.78	322.52	726.16	500.00	1389	983	2578	1807
80	450.51	386.48	859.57	596.78	1651	1180	3050	2164

\* \$500,000 and \$1,000,000 monthly rates are rounded up to the nearest dollar. Therefore, actual monthly rates at \$500,000 and \$1,000,000 may be slightly less.

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MESSAGE  
FROM  
GENERAL  
MANAGER

ALAN  
LESLEY

## A United Voice for Co-op Power

**ONE OF THE GREAT** things about working for an electric cooperative is the network of helpful people across the U.S. who do the same work I do. If I run into a problem, I can pick up the phone and call the co-op down the road or a co-op in another part of the country that will be eager to help.

That's the power of cooperation.

But more powerful than the network of more than 900 cooperatives in the U.S. are the tens of millions of co-op members like you.

And with America's energy system going through a transformation, we need a network of engaged co-op members that ensures co-ops like ours aren't left behind.

Much of the focus in Washington, D.C., is on large utilities in big cities, and as you know, co-ops like CECA are fundamentally different. Your co-op is a local business that employs local people to power our community. We're not motivated by profits but by people—our friends and neighbors—which is why energy affordability and reliability mean so much to us.

Co-ops need your help putting a human face on the opportunities and hurdles facing America's electric cooperatives.

That's why Voices for Cooperative Power was created. This grassroots network of co-op members can help our elected officials better understand the many ways your electric co-op supports you and your community.

We all know that one size doesn't fit all when it comes to energy policies. Challenges like affordability require flexible solutions that empower local utilities like ours to serve their people best. The same is true for energy security and dependability. Diversifying energy sources, collaborating on technologies and balancing progress with reliability are priorities that VCP advocates for in Austin and Washington.

By joining the VCP movement, you can receive updates on the issues that matter most to you and, when needed, information on how to contact your elected officials and government agencies on proposed legislation or regulations that impact your co-op. The most important voices to elected officials are their constituents, and we want to make sure that the co-op members who care most about their communities are carrying their message to the Texas Legislature and U.S. Congress.

To lend your voice to the chorus of America's co-op members and to stay abreast of the challenges ahead, visit [voicesforcooperativepower.com](https://voicesforcooperativepower.com) to get involved. ■



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ABOVE: Goodies, brochures and applications that students could choose from at the CECA booth.

BELOW: Triston McGehee, left, and Rachel Ford at the De Leon High School career fair.

## CECA Employees Attend Career Fair

**CECA EMPLOYEES** Rachel Ford and Triston McGehee had a rewarding experience speaking with and answering questions from juniors and seniors at the De Leon High School career fair November 16. The event, held in the school's library, featured many companies dedicated to helping youths in our community find jobs after graduation.

Students who came by CECA's booth wanted to know about what employees do daily at the co-op, asking what a typical schedule was like and about the challenges each job offers—essential information for students to find the right career fit and to give them insight about what to expect from working with a team whose mission is to serve its members with reliable electricity. We want to thank the Student Success team of West Central Texas and De Leon High School for helping our local youths find their dream careers. ■







POLINA LEBED | ISTOCK.COM



### MARK YOUR CALENDAR

#### New Year's Day Sunday, January 1

Our offices will be closed Monday, January 2, in observance of the holiday.

#### Martin Luther King Jr. Day Monday, January 16

#### Use Your Gift Card Day Saturday, January 21

#### Chocolate Cake Day Friday, January 27

ALEXRATHS | ISTOCK.COM

## Still Burning Wood? Do It Safely

**WOOD-BURNING FIREPLACES** are notoriously energy inefficient and can send your home's heated air right up the chimney. If you choose to use yours, use it safely this winter.

### Some tips:

Never burn your Christmas tree, its branches, or any of its needles or foliage in the fireplace. To do so would cause flashing and crackling and put you at high risk for a house fire.

Never burn garbage, charcoal or plastic in your fireplace. Any of those materials could throw off dangerous sparks and embers that could catch your chimney on fire.

Do not coax your flames by squirting charcoal lighter, camp fuel, gasoline or any other liquid accelerant onto the logs.

Before you light your first fire, have the chimney inspected and cleaned by a professional chimney sweep.

Ask the sweep to install a cap on the top of the chimney to keep out debris and wildlife.

Equip each level of your house with smoke alarms and carbon monoxide detectors. Test batteries twice a year and replace as needed.

Invest in a couple of fire extinguishers: one for the kitchen and one to keep near the fireplace. Be sure everyone in the house knows how to use them, and replace disposable extinguishers every 10 years.

Move furniture, rugs, draperies, books, newspapers and anything else that could catch fire at least 3 feet away from the fireplace.

Never store fuel near the fireplace or anywhere inside your home.

Keep children and pets away from the fireplace, and install a safety gate or fence around it if necessary.

Extinguish the fire before leaving the house, going to bed or leaving the room where your fireplace is located.

Soak hot ashes in water and place them in a metal container outside your home. ■

# 5 Ways To Fight Winter's Chill and Reduce Bills

**WE ALL HAVE OUR** favorite season. Some people love bundling up under a blanket, while others prefer the warm temperatures summer brings. But there's one thing we can all agree on: High winter bills are never fun. CECA can help you find ways to manage your home energy use and keep winter bills in check.

**Here are five tips to help increase your home's energy efficiency this winter:**

**1. Mind the thermostat.** This is one of the easiest ways to manage your home energy use. Set your thermostat to 68 degrees—or lower—when you're home, and when you're sleeping or away for an extended period of time, set it between 58 and 62 degrees.

**2. Button up your home.** The Department of Energy estimates that air leaks account for 24%–40% of the energy used for heating and cooling a home. Caulking and weatherstripping around windows and doors is another simple, cost-effective way to increase comfort and save energy.

**3. Use window coverings wisely.** Open blinds, drapes or other window coverings during the day to allow natural sunlight in to warm your home. Close them at night to keep the cold, drafty air out.

**4. Consider your approach to appliance use.** When combined, appliances and electronics account for a significant chunk of our home energy use, so assess how efficiently you're using them. For example, if you're running the dishwasher or clothes washer, only wash full loads. Look for electronic devices that consume energy even when they're not in use, like phone chargers or game consoles, and unplug them to save energy.

**5. Think outside the box.** If you're still feeling chilly at home, add layers of clothing, wear thick socks and bundle up under blankets. You can even add layers to your home! If you have hard-surface flooring, consider purchasing an area rug.

Winter months can bring some of the highest energy bills of the year. By being proactive about saving energy, you can increase the comfort of your home and reduce monthly bills. ■



## Comanche Electric Cooperative Association

Your Touchstone Energy® Cooperative 

### CONTACT US

349 Industrial Blvd.  
Comanche, TX 76442  
**Toll-Free** 1-800-915-2533  
**Web** [ceca.coop](http://ceca.coop)

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Alan Lesley

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**24/7**

## Outage Hotline Number

CECA crews are available 24/7 in the event of a power quality issue.

**TOLL-FREE**  
1-800-915-2533

### ABOUT CECA

CECA operates in Brown, Callahan, Comanche, Eastland, Mills, Shackelford and Stephens counties.

### OFFICE LOCATIONS

#### Headquarters

349 Industrial Blvd.  
Comanche, TX 76442  
Monday–Friday, 7:30 a.m.–4:30 p.m.

#### Early

1801 CR 338  
Early, TX 76801  
Monday, Wednesday and Friday, 7:30 a.m.–4:30 p.m. Closed from 1–2 p.m.

#### Eastland

1311 W. Main St.  
Eastland, TX 76448  
Tuesday and Thursday, 8 a.m.–4 p.m.

### VISIT US ONLINE

[ceca.coop](http://ceca.coop)



Check us out at  
[TexasCoopPower.com/comanche](http://TexasCoopPower.com/comanche)





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## Energy-Saving Resolutions That Save Money

**WITH THE FRESH** start that the new year brings, it's a good time to put energy-saving goals on your resolutions list. The responsible use of resources—including fuels and electricity—will benefit the environment and save you money.

### Here are 10 tips to keep that resolution in 2023:

1. Seek ways to save money on fuel and increase your vehicle's fuel efficiency. That can be as simple as changing your driving habits, removing weight from the trunk and servicing your vehicle regularly.
2. Upgrade to a programmable thermostat and make sure it's properly set up. Turning back the thermostat overnight and when no one is home can save you 10% or more on heating and cooling costs.
3. Check for air leaks and apply caulk or weatherstripping to seal them. Even if you've done this recently, double-check to make certain no leaks were missed and see if any caulk or weatherstripping needs to be replaced.
4. Make sure the attic is properly insulated. Attics are one of the most important and often one of the easiest places in a house to insulate.
5. Seal and insulate the foundation walls of any unventilated crawl spaces and check for moisture and deterioration problems.
6. Landscape with water conservation in mind and triple-check the sprinkler system to make certain there are no leaks and to optimize water coverage.
7. Keep the water heater at 120 degrees and install a water heater insulating blanket.
8. Ensure any appliances and electronics purchased throughout the year are Energy Star rated. They use less energy, save money and help protect the environment.
9. Kill phantom energy loads (aka "vampire power") by unplugging electronics and appliances when they're not in use.
10. Share how easy it is to save money and energy at home. ■

## Texas-Style Chili

- 2 tablespoons vegetable oil**
- 3 medium onions, chopped**
- 2 cloves garlic, crushed**
- 2 pounds sirloin steak, cut into half-inch cubes**
- 1 can (28 ounces) tomatoes, undrained**
- 1 can (6 ounces) tomato paste**
- 1 can (4 ounces) chopped green chiles**
- 3 tablespoons chili powder**
- 1 tablespoon cumin**
- 2½ teaspoons salt**
- 6 whole cloves**
- ¼ teaspoon cayenne pepper, or to taste**

1. In a Dutch oven, heat vegetable oil over medium-high heat. Add onions and garlic and sauté until onions are tender, about 5 minutes, stirring occasionally.

2. Add cubed beef and cook until no longer pink.

3. Add tomatoes, tomato paste, chiles, chili powder, cumin, salt, cloves and cayenne.

4. Reduce heat to low. Simmer covered for about 2 hours, stirring occasionally.

**SERVES 6**

**TCF** Find this and more delicious recipes online at [TexasCoopPower.com](https://www.texascooppower.com).

TEXAS BEEF COUNCIL



# Hints for Home Heating



AVAILABLE LIGHT | ISTOCK.COM

**WINTER IS HERE**, and so are the utility bills associated with heating your home. Heating and cooling your home can account for as much as 40% or more of your utility bills. Fortunately, there are ways to moderate the costs associated with Old Man Winter.

**Here are some energy-efficient ideas from the Department of Energy to keep you and your family warm this season.**

If you haven't already, installing a smart or programmable thermostat is an easy way to make sure temperatures in your home fluctuate efficiently based on your household's schedule. Smart thermostats can learn the schedule of your home and adjust the temperature inside it accordingly. If you have a programmable thermostat, set it to cut back to a cooler level when people aren't home. Turning down your thermostat for eight hours a day can save as much as 10% a year on your heating bill.

Be sure your furniture and décor are not blocking heating registers. This will allow air to circulate more freely and save energy.

Leaks in windows and doors are one of the biggest culprits in causing a chilly household. If you feel a draft, the first step in sealing it is to find the source of the leak. One of the easiest methods to do this is a simple air leak test using a match or incense stick. To perform the test, attempt the following on a windy day or while all exhaust vents are blowing.

1. Close all your windows and doors.

2. Next, with all safety precautions in mind, light an incense stick or a match and pass it by windows and doors. If the smoke is sucked out of the room or blown into the room, you've found an air leak in your home.

3. Seal any leaks with caulk or weatherstripping.

Winter may mean colder weather is here, but it doesn't have to drain your wallet. ■



PBOUMAN | ISTOCK.COM

**Car accidents and weather are the main causes of downed power lines. But even on the ground, lines can carry an electric current strong enough to cause serious injury or death. Here are some rules to follow:**

**If you see** a downed power line, move away from the line and anything touching it.

**The proper way** to move away from the line is to shuffle away with small steps, keeping your feet together and on the ground at all times.

**If someone** is in direct or indirect contact with the downed line, do not touch the person. Call 911 instead.

**Don't try to move** a downed power line or anything in contact with the line.

**Don't drive over** downed power lines.

**If you're in** your car and it is in contact with a downed line, stay in your car and call 911.

**CECA encourages you to always practice safety.**



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**To apply for the trip, complete the application at [ceca.coop](https://ceca.coop). If you have questions, please call 1-800-915-2533 or email [memberservices@ceca.coop](mailto:memberservices@ceca.coop).**

**Deadline for entries is 4:30 p.m. Friday, February 3.**

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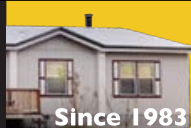
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**TCP** Listen as W.F. Strong narrates this story on our website.



together from Veracruz, Mexico, in 1554 on the way back to Spain. The king had ordered the ships to bring back 100,000 coins of gold and silver from Mexico for the Spanish treasury, smartly dividing the loads among the four vessels.

A tropical storm blew the ships off course, and winds pushed them across the entire Gulf and smashed three of them against the sandbars of Padre Island. Their hulls were pried open and their treasures spilled out onto the sandy bottom. The fourth ship, the San Andrés, was battered in the storm but made it to Havana, Cuba. In the centuries ahead, Padre would be known as the “graveyard of the gulf.”

The three wrecked ships—the San Esteban, Espíritu Santo and Santa María de Yciar—sat undiscovered for four centuries. The former two were found years later a few miles north of the Mansfield cut. Treasure hunters descended on them and had collected quite a fortune before the state of Texas took action and forced them to cease operations and turn over their plunder. The state eventually paid them \$313,000 for their efforts and then placed the coins, anchors, cannons and other artifacts from the wrecks in the Corpus Christi Museum of Science and History, where you can see them today.

And if you’re wondering if coins can still be found, the channel was dredged to its greatest depth in the past few years, said Ron Mills, executive director of Port Mansfield. “During those operations, there were no reported discoveries of new coins or other artifacts that may have pertained to the shipwrecks,” he said.

Sorry, treasure hunters. ■

# Priceless Passage

The Port Mansfield Channel led to the Gulf—  
and a 400-year-old Spanish treasure

BY W.F. STRONG • ILLUSTRATION BY BRAVE UNION

**PADRE ISLAND** is the longest barrier island in the world, measuring 113 miles from Corpus Christi to Brazos Santiago Pass. Up until the late 1950s, you could drive the length of the island with a decent four-wheel-drive vehicle. That changed in 1957, when the Port Mansfield Channel was dredged. The cut had been a decadeslong dream of the Laguna Madre-locked locals and gave them convenient access to the Gulf of Mexico.

At 4 a.m. on September 23, 1957, a giant dredger dug out the last sand dune, cutting the island in two and creating North and South Padre islands.

A Port Mansfield resident named Bill Rapp was elated. “I was there,” he wrote,

“when the dredge Miami took the final cut out of the old Padre and the waters of the Laguna Madre went rushing into the Gulf of Mexico.”

The Port Mansfield Channel is about 9 miles long, running 7 miles through the bay and through 2 miles of island mud flats and dunes to reach the sea.

During the dredging, the mud and clay being sucked from the channel and spewed onto the banks suddenly brightened with silver coins sparkling in the sunlight. The dredge had crushed an old Spanish galleon buried there for centuries.

The Santa María de Yciar was one of four ill-fated ships that had set sail



# Gluten-Free

Try these special treats that stick to specialized dietary needs

BY MEGAN MYERS, FOOD EDITOR

Gluten-free cooking has become more accessible thanks to the spread of products filling grocery shelves. Gluten-free recipes, required by some for health reasons, are a great way to explore new ingredients. While my family craves sweet crepes, I love using nutty buckwheat flour to make savory versions. Ham and cheese are classic fillings, but feel free to experiment.

## Gluten-Free Ham and Cheese Crepes

**1½ cups milk**

**1 cup gluten-free buckwheat flour**

**3 eggs**

**2 tablespoons (¼ stick) butter, melted,  
plus more for the pan**

**¼ teaspoon salt**

**1 cup shredded Swiss cheese**

**10–20 pieces thinly sliced ham**

**COOK'S TIP** Crepes cook quickly, so keep an eye on the heat level and reduce as needed if the crepe is cooking before you can spread the batter around the pan.

**1.** In a large bowl, whisk together milk, buckwheat flour, eggs, melted butter and salt until smooth. Cover and place in the refrigerator to chill for at least 30 minutes and as long as overnight.

**2.** When ready to cook, place a nonstick frying pan over medium heat. Add a small amount of butter to the pan.

**3.** Whisk the crepe batter again and pour a small amount of batter into the pan, just enough to thinly cover the bottom. Quickly swirl the pan to coat the pan with an even layer.

**4.** Cook 1–2 minutes, then loosen the edge with a thin spatula and carefully flip the crepe over. Cook 1–2 minutes more, then transfer to a plate. Repeat with remaining batter.

**5.** To fill, return a crepe to the pan. Sprinkle on a small amount of cheese, then place 1–2 slices of ham and sprinkle with more cheese. Cook until warmed through and cheese is melted, then fold over edges toward the middle to form a packet. Serve topped with fresh herbs or a fried egg.

**SERVES 10**

**TCP** Follow along with Megan Myers and her adventures in the kitchen at [stetted.com](http://stetted.com), where she features a recipe for Bacon-Wrapped Asparagus.







## Flourless Chocolate Cake

CAROL YOUNKIN  
SAM HOUSTON EC

With no flour needed, this rich cake is a cinch to prepare. To cut into neat slices, Younkun recommends chilling the cooled cake until firm, then warming in the microwave as desired.

**¾ cup (1½ sticks) unsalted butter, cut into small pieces, plus more for greasing the pan**  
**1 cup bittersweet or semisweet chocolate chips**  
**½ cup unsweetened natural cocoa powder**  
**¾ cup sugar**  
**4 eggs**  
**1 teaspoon vanilla extract**  
**Whipped cream or ice cream, for serving**

**1.** Preheat oven to 350 degrees. Generously butter the bottom and sides of an 8-inch springform pan or press a sheet of foil into the bottom and sides of an 8-inch round cake pan, smoothing the sides and buttering the foil.

**2.** Add a few inches of water to a saucepan and set over medium heat, bringing to a simmer. Set a heatproof bowl over the saucepan to create a double boiler and add the chocolate chips. When the chocolate looks soft and is starting to melt, stir with a spatula until smooth and completely melted.

**3.** Turn off the heat and add butter to the bowl, stirring until melted. Add cocoa powder and stir again until completely incorporated and smooth. Remove bowl from the saucepan.



\$500 WINNER

## Gluten-Free Baked Spinach Fritters

KATHLEEN RUST  
PEDERNALES EC



Perfect for brunch or as an appetizer or side, these tasty fritters are a great way to get more vegetables to the table. Rust came up with the recipe as an alternative to frying. She recommends gluten-free panko (Japanese-style bread crumbs) as an alternative to cornflakes.

MAKES 15 PIECES

**1 package frozen spinach (10 ounces), thawed but not drained**  
**3 eggs**  
**½ cup cassava flour**  
**1 teaspoon adobo seasoning**  
**⅛ teaspoon pepper**  
**2 cups shredded mild cheddar cheese**  
**1 cup shredded pepper jack cheese**  
**¾ cup chopped leeks or onions**  
**½ cup chopped bell pepper**  
**1 large clove garlic, minced**  
**¼ cup avocado oil**  
**¾ cup crushed unsweetened gluten-free cornflakes, plus extra for topping**

1. Preheat oven to 350 degrees.
2. In a large bowl, combine spinach, eggs, cassava flour, adobo seasoning and pepper. Add cheeses, onion, bell pepper and garlic and stir until ingredients are evenly mixed.
3. Pour avocado oil onto a 9-by-13-inch sheet pan and tilt to coat the entire bottom and sides. Sprinkle crushed cornflakes over the bottom.
4. Dollop spinach mixture onto sheet pan, pressing gently with a spoon or spatula to spread evenly. Sprinkle additional crushed cornflakes over the top.
5. Bake 35 minutes, until browned. Cool until just warm and cut into squares.

## TCP \$500 Recipe Contest

**TEXAS SEAFOOD DISHES** DUE JANUARY 10  
 We want a boatload of recipes for all manner of seafood. Submit your recipes on our website by January 10 for a chance to win \$500.



CONTINUED >



## RECIPES CONTINUED

**4.** Stir in the sugar until incorporated, then add eggs one at a time, beating well after each addition. Stir in the vanilla, then pour batter into prepared pan.

**5.** Bake 40–50 minutes, until crackly and dry on top. A toothpick inserted 2 inches from the edge should come out clean. Cool cake in the pan on a wire rack, then remove springform side or lift cake out using foil overhang. Serve warm, at room temperature or chilled with whipped cream or ice cream on top.

**SERVES 8–10**

### Pão de Queijo (Brazilian Cheese Bread)

CAROLINE TEIXEIRA  
PEDERNALES EC

Tapioca flour, also called tapioca starch, is essential for making chewy Brazilian cheese bread. Note that the dough will be wetter and stickier than a traditional bread, so avoid the temptation to add too much flour.



**1¼ cups whole milk**  
**½ cup water**  
**6 tablespoons vegetable or olive oil**  
**2 teaspoons salt**  
**4 cups tapioca flour, plus more as needed**  
**2 eggs**  
**1½ cups grated Parmesan cheese**  
**1 cup shredded mozzarella cheese**

**1.** Preheat oven to 400 degrees.  
**2.** In a saucepan, combine whole milk, water, oil and salt. Bring to a boil over medium-high heat.

**3.** Add the tapioca flour to the bowl of a stand mixer and pour the boiling liquid over the flour. Mix well on low speed until mixture looks soft, sticky and stringy.

**4.** With the mixer running, add eggs one at a time, fully incorporating after each. Add cheese a little at a time until all is added and dough is fully mixed.

**5.** If dough is too moist, add a small amount of tapioca flour until a soft and sticky dough is reached.

**6.** To shape the bread, wet your hands with cold water. Scoop a small amount of dough out with a spoon or your fingers and roll into a ball slightly smaller than a golf ball. Arrange on a baking sheet and repeat until all dough is shaped, rewetting hands as needed during the process.

**7.** Bake 15–20 minutes, until puffed and golden.

**MAKES ABOUT 3 DOZEN**

**TCP** You don't have to wait until January 20, National Cheese Lovers Day, to partake of this dairy delight. We have more than 300 recipes that include cheese on our website. Now you can't wait, can you?



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The handle is made from genuine natural bone, and features decorative wood spacers and a hand-carved motif of two overlapping feathers—a reminder for you to respect and connect with the natural world.

This fusion of substance and style can garner a high price tag out in the marketplace. In fact, we found full tang, stainless steel blades with bone handles in excess of \$2,000. Well, that won't cut it around here. We have mastered the hunt for the best deal, and in turn pass the spoils on to our customers.

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COURTESY CHET GARNER

## Afterlife Sentence

John Wesley Hardin remains behind bars even in an El Paso cemetery

BY CHET GARNER

**LIKE MANY TEXANS**, I grew up hearing legends of famous gunfighters who roamed the Wild West. They were quick with a pistol and even quicker to gun down anyone who crossed them. Among the most notorious was John Wesley Hardin, who claimed to have killed more than 40 people in his lifetime.

On a trip to El Paso, I stopped by the historic Concordia Cemetery to visit his grave and see if he could still send shivers down my spine like his stories did when I was a kid.

Concordia Cemetery looks like the set of an old Western movie. Tombstones and wooden crosses cover a landscape of dirt and cactuses. It holds more than 60,000 graves dating back to the 1850s, but it didn't take long for me to find Hardin's final resting place, which is protected by a canopy of iron and stone.

Hardin's story is a violent one. Despite numerous arrests and escapes, starting in his teens, the native of Bonham was eventually sentenced to 25 years in prison for killing a deputy sheriff in Comanche County. During his time in prison, Hardin studied law, led Sunday school and attempted to change his nefarious ways.

At the age of 41, he received a full pardon and moved to El Paso to practice law. Sadly, his old ways followed him westward, and he was shot in a saloon. The coroner famously said, "If Hardin was shot in the eye, it was excellent marksmanship. If he was shot in the back, it was excellent judgment."

Hardin's grave was covered with coins and tokens left by visitors and a pair of golden guns. It's a fitting reminder that those who live by the sword die by the sword. Or in Hardin's case—the gun. ■

ABOVE As Chet can see, there will be no more escaping for John Wesley Hardin.

**TCP** Chet aims to pay a personal visit to one of Texas' shadiest outlaws. Watch the video on our website and see all his Texplorations on *The Daytripper* on PBS.



## Know Before You Go

Call ahead or check an event's website for scheduling details.

## JANUARY

07

**Kerrville Symphony of the Hills: Western Swing**, (830) 896-9393, caillouxperformingarts.com

**Valley View Trout Kids Derby**, (940) 637-2294, tpwd.texas.gov

09

**Uvalde [9–14] San Antonio Stock Show & Rodeo Qualifier Event**, (210) 985-4748, sarodeo.com

12

**Glen Rose [12–14] Somervell County Youth Fair**, (817) 964-2752, somervellcountyyouthfair.com

**Plano [12–14, 19–21, 26–28] Four Weddings and an Elvis**, (972) 849-0358, roverdramawerks.com

13

**La Grange Kelly Willis**, (979) 968-9944, thebugleboy.org

**Lubbock Star Trek II: The Wrath of Khan and William Shatner**, (806) 792-8339, buddyhollyhall.com

**New Braunfels [13–15] Antique Show and Sale**, (918) 619-2875, heritageeventcompany.com

14

**Fredericksburg Blues Festival**, (830) 997-3224, luckenbachtexas.com

**Granbury The Mammoth Ice Age Run**, mammothrace.com

**Monahans Sandhills Resolution Run**, (432) 943-2187, monahans.org

**Austin [14–15] Citywide Vintage Sale**, (512) 441-2828, citywidevintagesale.com

15

**Fredericksburg Take 3,**  
fredericksburgmusicclub.com

**San Antonio Untamed**  
**With Filipe DeAndrade,**  
(210) 223-8624,  
tobincenter.org

16

**Houston MLK Grande**  
**Parade,** (713) 560-8328,  
mlkgrandeparade.org

20

**Lufkin Pink Martini,** (936)  
633-5454, angelinaarts.org

**Galveston [20-21] Yaga's**  
**Chili Quest and Beer**  
**Fest,** (409) 770-0999,  
yagaschiliquest.com

**South Padre Island**  
**[20-22] Market Days,**  
spimarketdays@gmail.com,  
spimarketdays.com

**Port Aransas [20-29]**  
**Restaurant Week,**  
(361) 749-5919,  
portaransas.org

21

**Irving Las Colinas**  
**Symphony Orchestra,**  
(972) 252-2787,  
lascolinassymphony.org

**Kerrville ZuZu African**  
**Acrobats,** (830) 896-9393,  
caillouxperformingarts.com

**Lake Jackson Delfeayo**  
**Marsalis With the**  
**Brazosport Jazz Orchestra,**  
(979) 285-2501,  
brazosport.org

**Victoria Jason Scheff's**  
**Chicago Nights,**  
(361) 576-4500,  
victoriasymphony.com

MORE EVENTS >

## TCP Submit Your Event

We pick events for the magazine directly from TexasCoopPower.com. Submit your April event by February 1, and it just might be featured in this calendar.



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## Hit the Road

### Event Calendar

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### Pick of the Month

#### Wild Game and Wine Camofest

Bay City, January 28

(979) 245-8081

[baycitycamofest.net](http://baycitycamofest.net)

Break out the camouflage and blend into a festival with locally caught samples of wild game, fish and fowl; wine; food inspired by Texas wines; live entertainment; shopping; and activities for the kids.

### JANUARY EVENTS CONTINUED

21

#### Fredericksburg [21-22]

Rockhounds Gem and Mineral Show, (325) 248-1067, [rockngem.com](http://rockngem.com)

#### Plano [21-22] Dallas

Area Train Show, [chris@railroadmodelers.com](mailto:chris@railroadmodelers.com), [dfwtrainshows.com](http://dfwtrainshows.com)

24

#### Tyler The Doo Wop

Project, (903) 566-7424, [cowancenter.org](http://cowancenter.org)

26

#### Schulenburg Turtle Wing

Toast, (979) 505-5090, [turtlewingfoundation.org](http://turtlewingfoundation.org)

27

#### San Angelo [27-29]

Comic Con, [sanangelocomiccon.com](http://sanangelocomiccon.com)

28

#### Coppell San Jose Taiko

Interactive Matinee, (972) 304-7047, [coppellartscenter.org](http://coppellartscenter.org)

#### Mathis Kid Fish,

(361) 547-2635, [tpwd.texas.gov](http://tpwd.texas.gov)

29

#### Port Aransas Home Tour,

[portagardenclub@hotmail.com](mailto:portagardenclub@hotmail.com), [facebook.com/portaransashometour](https://facebook.com/portaransashometour)

#### Surfside Beach Food and

Art Festival, (979) 233-1531, [surfsidetx.org](http://surfsidetx.org)

#### Temple Temple Symphony

Orchestra, (254) 778-6683, [templesymphony.org](http://templesymphony.org)

#### Lufkin Marian Anderson

Quartet, (936) 633-5454, [angelinaarts.org](http://angelinaarts.org)

#### Richardson Rhapsodies

in Blue, (972) 744-4650, [www.eisemanncenter.com](http://www.eisemanncenter.com)

## FEBRUARY

02

#### Orange The Simon

and Garfunkel Story, (409) 886-5535, [lutcher.org](http://lutcher.org)

#### South Padre Island [2-4]

Kite Fest, (956) 761-1248, [spikitefest.com](http://spikitefest.com)

03

#### Burnet [3-4] Highland

Lakes Quilt Festival, [hlqguild@gmail.com](mailto:hlqguild@gmail.com), [hlqq.org](http://hlqq.org)

04

#### Brenham Brenham

Heritage Museum Dance at La Bahia, (979) 337-7580, [visitbrenhamtexas.com](http://visitbrenhamtexas.com)

#### Corpus Christi Corpus

Christi Symphony Orchestra: An Interplanetary Experience, (361) 883-6683, [ccsymphony.org](http://ccsymphony.org)

#### North Zulch Chili Cook-

Off, (979) 488-9214, [facebook.com/nzvfcd](https://facebook.com/nzvfcd)

#### Rockport [4-5] Clay

Expo, (361) 729-5519, [rockportartcenter.com](http://rockportartcenter.com)

# Nature's Color

"Nature's first green is gold,  
Her hardest hue to hold.  
Her early leaf's a flower;  
But only so an hour."  
—From *Nothing Gold Can Stay* by Robert Frost

CURATED BY GRACE FULTZ



**1 REAGAN FERGUSON**  
CENTRAL TEXAS EC

"The majestic Frio River offers amazing fall colors in the Texas Hill Country near Concan."

**2 JAZZMIN AGUAYO**  
PEDERNALES EC

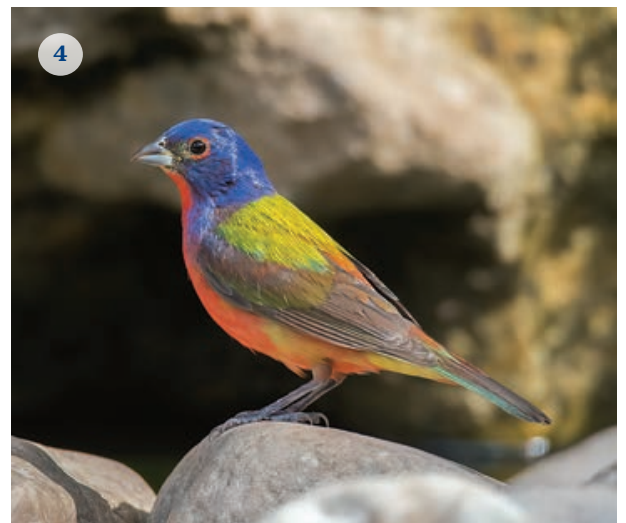
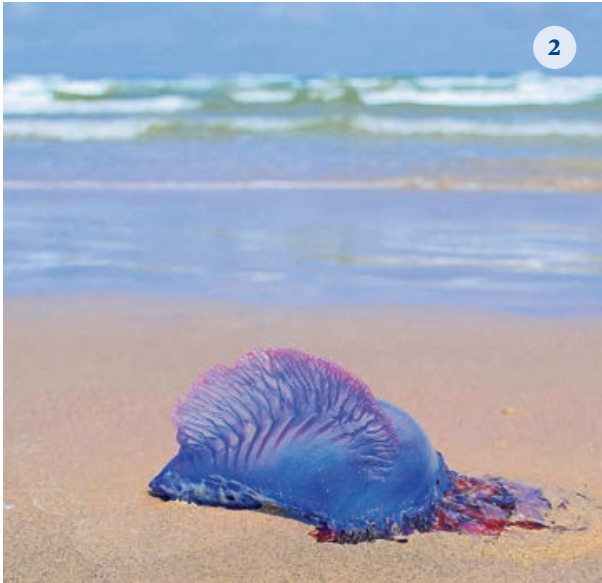
"A Portuguese man-of-war on the shore of Port Aransas provides a vibrant display of brilliant color."

**3 GARY IMM**  
SAM HOUSTON EC

This emission nebula, as seen from the shores of Lake Livingston through a large telescope, is called the Cat's Paw Nebula.

**4 MIKE ZARELLA**  
PEDERNALES EC

This male painted bunting stopped for a drink at the bird blind water feature at Pedernales Falls State Park.



## Upcoming Contests

**DUE JAN 10 Taking Flight**  
**DUE FEB 10 Dad**  
**DUE MAR 10 Waterfalls**



Enter online at [TexasCoopPower.com/contests](https://TexasCoopPower.com/contests).

**TCP** See Focus on Texas on our website for more Nature's Color photos from readers.





## Oh! Possum!

Learning to like a late-night neighbor

BY MARTHA DEERING  
ILLUSTRATION BY KIRSTEN ULVE

**THE FIRST TIME** our resident opossum and I met in the dark on a tiny, enclosed back porch was traumatic for both of us. I may have screamed. He may have hissed.

We made hasty retreats in opposite directions—he back through the broken pet door he had rudely entered.

The next night, my husband caught him in a humane trap, took him to the farthest corner of our back pasture and shook his seemingly dead body out of the trap. He was “playing possum.” And he had already developed a taste for the cat food we keep on the back porch.

He was back the next day.

After his return from eviction, I looked up some fascinating facts about him.

In spite of their naked, ratlike tails, opossums are not rodents. They are the

only marsupial—pouched mammal—native to North America and have been around for 70 million years, once coexisting with dinosaurs. Their short life span, one to two years, is due to their many predators—dogs, coyotes and humans.

There are 65 species of opossums, and all are related to kangaroos and koalas. While the only species that populates the U.S. is the Virginia opossum, others reside in Central America, South America, Australia and New Guinea.

Opossums are not aggressive. Their open-mouthed hissing is a bluff—but with 50 teeth, more than any other North American land mammal, it worked on me. If hissing isn’t successful, they feign death, falling on their sides with tongue extended in hopes that predators will lose interest and move on. If the predator decides to call this ultimate bluff, the opossum is a sitting duck.

Opossums have a number of redeeming qualities. They eat cockroaches, ticks, crickets, spiders, beetles and June bugs and find snails and slugs a delightful delicacy. We once had an infestation of slugs, which left their slimy, silvery trails all over the sidewalks, storm doors, back porch and the bowl of cat food. Since our opossum began his nightly visits, the slugs have been vanquished. Eureka!

Opossums, which can hiss and foam at the mouth as defense mechanisms, get a bum rap. They almost never carry rabies because their body temperature is too low to sustain the virus. President Benjamin Harrison kept two pet opossums in the White House. President Herbert Hoover had one too.

Our little visitor doesn’t kill chickens, nor does he tip over the garbage cans. He has learned to coexist with our cats, who are too fat and lazy to stay up for his late-night visits.

So I guess we won’t be installing a new pet door any time soon. He’s welcome to his cat food appetizer. ■

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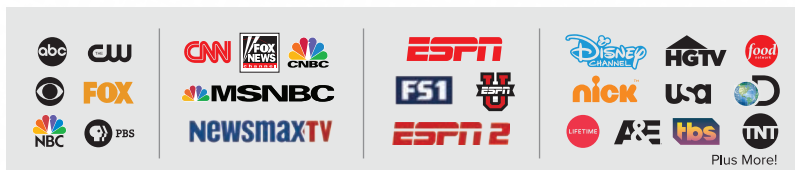


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Offer for new and qualifying former customers only. Important Terms and Conditions: Requires credit qualification and 2-year commitment. Upfront activation and/or receiver upgrade fees may apply based on credit qualification. Offer ends 4/12/23. Offer requires 2-year commitment: Early termination fee of \$20/mo. remaining applies if you cancel early. Included in 3-year price guarantee at \$79.99 advertised price: America's Top 120 programming package, local channels, HD service fees, and Hopper Duo Smart DVR for 1 TV. Included in 3-year price guarantee for additional cost: Programming package upgrades (\$94.99 for AT120+, \$99.99 for AT200, \$109.99 for AT250), monthly fees for upgraded or additional receivers (\$5-\$7 per additional TV, receivers with additional functionality may be \$10-\$15), NOT included in 3-year price guarantee or advertised price (and subject to change): Taxes & surcharges, add-on programming (including premium channels), DISH Protect, and transactional fees. Premium Channels 3 Mos. Free: After 3 mos., you will be billed \$20/mo. for Showtime, and DISH Movie Pack unless you call or go online to cancel. Remote: The DISH Voice Remote with Google Assistant requires internet-connected Hopper, Joey or Wally device. Customer must press Voice Remote button to activate feature. Other: All packages, programming, features, and functionality and all prices and fees not included in price guarantee are subject to change without notice. After 6 mos., if selected, you will be billed \$10.99/mo. for DISH Protect Silver unless you call to cancel. After 3 years, then-current everyday prices for all services apply. For business customers, additional monthly fees may apply. Free standard professional installation only. Reliability Guarantee: limited time offer, subject to change. Available only to new or returning former customers. Guarantee covers signal loss outages due to normal weather and/or technical issues. Does not cover signal loss outages due to user error. Does not cover changes in programming content. To receive outage credits, you must contact DISH customer service by phone or chat within 72 hours of the outage. Upon verifying the outage, DISH will issue bill credits in daily increments from the time of the outage until the outage is restored. Not available to DISH Outdoors customers. 99% signal reliability based on data from set-top boxes. Not a guarantee of signal in all weather conditions. Watching live and recorded TV on DISH Anywhere requires internet-connected Hopper and compatible mobile device. Miscellaneous: Taxes or surcharges may apply. All packages and offer subject to change without notice. Additional restrictions may apply. Netflix, Prime Video, HBO Max and Discovery Plus streaming memberships required. Indiana C.P.D. Reg. No. - 19-08615. ©2023 GoDISH.com. All rights reserved. Internet speeds, prices, and providers vary by customer address. \$50 price refers to widely available plan from multiple providers. Restrictions apply. Nationwide availability is subject to change without notice. The application of "No Data Limits" varies by provider, but commonly means that your access to the Internet will not be stopped by going over a data limit, but that speeds may be lowered. Call for details. Internet not provided by DISH and will be billed separately.